



Mr Wilson's Weekly Message



Although we have only been back for just over a week, it feels like we are well into this half term. I say this not because it has felt long, to the contrary the week has flown by, but because of how settled and focussed pupils are. I always marvel at how quickly pupils get back into the swing of things after an extended break. From the depth of understanding and level of work I have observed throughout the academy, you wouldn't believe that in some lessons, pupils only started covering these modules a week ago. This week also saw the start of the KS3 assessment cycle.

This is the first set of formal assessments for pupils in Years 7 - 9 and are incredibly important for both the pupils and teachers here at The Hurlingham Academy. In order to ensure pupils are fully prepared for their GCSEs in Year 11, these assessments are being invigilated by external invigilators, just as their GCSEs will be. I have been so impressed with the pupils attitudes both before and during their assessments. All pupils are working incredibly hard to ensure they achieve the best grades possible.

As always, assessments are cumulative, testing their knowledge of all topics they have learnt since September, so pupils need to ensure they are prepared. Some useful revision strategies include creating a mind-map of key topics; learning key vocabulary and memorising information and then self-quizzing to check your own understanding. It is vitally important that the pupils perform to the best of their ability throughout the assessment week, as the results will be used to move pupils into new groups in all subjects. Pupils have assessment manifests outlining exactly what knowledge will be tested during each exam. I encourage pupils to use these and ensure they are planning their revision carefully. Pupils have been working incredibly hard since September and so should feel confident and prepared for every assessment. I hope all pupils continue to focus on their revision over their weekend and come back on Monday ready to demonstrate all their knowledge and skills in their remaining assessments next week. The assessment timetable for next week can be found below:

	Monday 17th	Tuesday 18th	Wednesday 19th	Thursday 20th	Friday 21st
1				Y8 Maths (60)	Y7 RE (45)
2					
3					
4		Y7 History (60)	Y9 Science (60)	Y9 History (60)	Y8 RE (60)
5					
6	Y7 MFL (60)	Y9 English (90)	Y8 English (90)	Y7 Geog (60)	
7					



Subject in the Spotlight



This week's subject in the spotlight is.... English with Head of English, Ms Mackay. This week in: English

Year 7: We will be introducing our new creative writing unit which will focus on exploring the multitude of methods used by writers to 'build new worlds' for a reader. We will start by exploring the setting of new narratives, considering the ways that a writer truly immerses their audience in new places, time periods and realities.

Year 8: For our Spring term unit Year 8 are beginning the wonderful Victorian text 'Jane Eyre'. The students will be both actively reading and watching this mysterious and tense gothic narrative, focusing on themes of gender and power and considering the extent to which they can relate to and understand the young protagonist of Jane.

Year 9: For our first unit, Year 9 are studying non fiction writing and will be exploring contemporary speeches written from a hugely diverse range of speakers. We will start by exploring a modern attitudes towards love, relationships and gender and students will have ample opportunities to respond with their own thoughts and perspectives.

Year 10: For the Spring term unit Year 10 are grappling with Shakespeare's Macbeth. Full of murderous plots, supernatural entanglements and cruel betrayal - our literary analysis will focus on understanding and responding to Shakespeare's complex intentions towards his Jacobean audience.

Year 11: Year 11 will be considering their final Literature unit, an exploration of Unseen Poetry. During this unit, the students will be exposed to a range of poetic responses to key themes such as family, friendship and conflict- and asked to respond with their own unique interpretations of the poets' words and structural methods.

For further curriculum information, please go to www.thehurlinghamacademy.org.uk/curriculum/curriculum-maps



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Year 7 Athletics

On Thursday we had our first athletics event of the year. Twelve Year 7's represented the school to compete against six other schools in the borough. We are still awaiting the final results; however, we are incredibly hopeful as we won most of our events. Students competed in events such as running, long jump, triple jump and shot put; some of which the students had never attempted before. We were by far the loudest school cheering each other on, supporting one another in their events. Well done to all the students who competed!



Christmas in Bolivia

Each Christmas our Maintenance Officer Mr Coronado travels back to his home country of Bolivia. Whilst he is there, he travels to some of the most remote areas, with his family, to deliver presents to children who wouldn't otherwise have the opportunity to receive a Christmas gift. This is such a thoughtless tradition and really shows the true spirit of Christmas. As a community here at The Hurlingham Academy, we felt that it was important that we supported Mr Coronado and raised money to ensure he was able to buy presents for as many children as possible. We are so pleased he was able to deliver the gifts personally and would like to thank everyone for their support. We would also like to say a massive well done to Mr Coronado. You have made lots of children very happy. We look forward to supporting you and your family's charity work for years to come.



Safety on Peterborough Road

Peterborough Road is very busy at all times and is used by drivers, cyclists and pedestrians alike. If you are dropping off or picking up your child by car, please do so considerately by parking in one of the allocated bays and reminding your child to watch out for other road users before opening the car door. Please do not park on the yellow zig zags or stop in the middle of the road, as this is dangerous.

You may be interested to know that the council is currently running a consultation on road safety in the area. You can see more details and respond to the consultation at: <https://southfulhamstreetswest.commonplace.is/>



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House News with Mr Pudney

Welcome back to the House updates!

First of all, a big well done to Unitas for winning the Term 1 House Competition. Remember, it is great being on top for the first term, but will they be able to stay on top overall by the end of the year, and can another House take this term's winning place?

We started with rowing on Tuesday, and Aequitas took where they left off – rowing 4296m in 20 minutes at lunch time. Caritas closely in 2nd place with 4224m, and Unitas and Veritas in 3rd and 4th.

We then had a Marvel-themed blind wordsearch...they did not know what words to look for, only that they were Marvel themed and the total number of words to find! In 1st place was Caritas who (combined) found 296 words, followed by Veritas who found 194, Unitas with 97, and Aequitas with 16. Aequitas certainly dominate at House Rowing, but might need more support from House mates on a Wednesday for the competitions!

We ended the end with Countdown, where Caritas reigned supreme across the two disciplines (two word rounds, and two number rounds). The best word found was by Deja in Y8, with "abraid".

Great week back in the House system. See below for the Term 2 results and overall results!

Term 2

1 st	Caritas	310
2 nd	Unitas	275
3 rd	Aequitas	250
4 th	Veritas	225

Overall

1 st	Unitas	5045
2 nd	Veritas	4535
3 rd	Caritas	4365
4 th	Aequitas	4355



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Parents & Carers

ARE YOU WORRIED about your childrens'
Wellbeing, Youth Crime & Violence?

Do you live in South Fulham, Townmead,
Sullivan Court, Sands End Area?

**We would like to listen
to YOU...**

Let's have a...
**COFFEE
MORNING/
BRUNCH**
12:30pm - 2:30pm

SESSION DATES

18th January 2022 / 25th January - Monthly Meeting
1st, 8th & 22nd February 2022 / 1st March - Monthly
8th, 15th & 29th March 2022 / 22nd March - Monthly

Let's Talk
**Your Voice &
Your Opinion
MATTERS...**

Venue:

Sands End Arts &
Community Centre
Peterborough Road
SW6 3EZ

**Parent/Carer Champions and Partners want to
work together to support you and create
CHANGE.**

ASE



for more info:
020 3143 0209
info@asecic.org.uk



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January Blues

Bulletin No. 5 – January 2022

 **mind**
Hammersmith,
Fulham, Ealing
and Hounslow

The New Year is a time for new beginnings, but for many there is a dip in that positivity. Typically, January Blues manifests itself as feelings of low mood, sadness, lack of motivation, tiredness and low energy.

With that in mind, we've compiled some resources and ideas to help you tackle some of that.

1



New year, new start. How can you put you and your teams' mental health first, when faced with competing demands? Education Support's panel will help you answer this.

2



Not getting enough Vitamin D, can reduce happiness levels. Sunlight can make you feel better and also help to regulate your sleep cycles properly. Click the icon to learn more.

3



RED January is a nationwide movement empowering people to move every day, to beat the winter blues away. Click the icon to find out more and join in.

4



Click the icon to see some of the best podcasts and apps for improving your mental health and emotional wellbeing.

The Mental Health Support Team offer a telephone drop-in services for school staff. These can be used if you need guidance around supporting students with their mental health and wellbeing



We also offer a confidential telephone drop-in service for you to support your own wellbeing.

Please note, this is not a counselling service.

Click the link below or scan the code to schedule a call.

[Mental Health Support Team Telephone Drop In Service](#)

For blog posts, and to learn more about the support we offer, visit [our website](#).




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Beating the January Blues

Bulletin No.5 – January 2022

 **mind**
Hammersmith,
Fulham, Ealing
and Hounslow

January can be a difficult month but by adding small self-care goals, you can lift your mood and ease worries. Here are 3 top tips to help:

1. Keep Active

When it is cold and dark outside it is easy to let our activity levels dip.

Top Tip!

Try setting a time earlier in the day to be active when it is brighter.



2. Eat right to feel right

During the winter we tend to crave fatty or sugary food. This can give us a quick boost of energy but this can quickly dip afterwards.

Top Tip!

Instead of reaching for the biscuits set a goal for one healthy snack a day. Don't forget to stay hydrated!

3. Connections

If you have noticed that you are not speaking to friends as often it might be time to reach out.

Top Tip!

Plan to stay connected with friends or family, even if it is just to say hi!



The Mental Health Support Team supports school staff, children and parents/carers to think about mental health and wellbeing



We provide a **telephone drop in service** where you can speak to one of our team about your mental health and wellbeing
Please note, this is not a counselling service

Click the link below or scan the code to schedule a call:
[Mental Health Support Team Telephone Drop In Service](#)

For more mental health tips and advice, visit our [blog](#)



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Mr Wilson's Commendations

It's been another busy week with pupils revising hard for the assessments. Congratulations this week go to the following pupils, who made it to the top of our maths and English leader boards:

Top of the leader board for Hegarty Maths this week are:

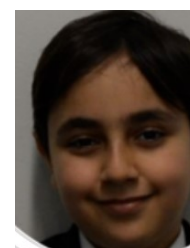
Year 7 - Emmanuel

Year 8 - Laith

Year 9 - Nila

Year 10 - Melahat

Year 11 - Phoebe



Top of the leader board for Educake Science this week are:

Year 7- Troy

Year 8 - Bo Wen

Year 9 - Abdirahman

Year 10 - Hamza

Year 11 - Fatima



Key dates for week beginning January 17th - Week 1

Description	Date	Time
Whole School Assembly	Monday 17 th January	08:25 - 09:00
KS3 Assessments	Monday 17 th - Friday 21 st January	08:25 - 15:30
Flu Vaccination (for students)	Friday 21 st January	09:30 - 15:00



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