



Mr Wilson's Weekly Message



After a week of rest, reflection and revision, both staff and students have come back to school this week full of energy. For Years 10 and 11, I'm sure much of half term was spent creating revision timetables and preparing for their upcoming mocks. For all students, the ability to recall information that they have learned previously is vital. By revising and looking back through their notes and schoolwork, students are able to store this learning into their 'long term memory' and retrieve it far more easily. As ever, the most important part of the mock exam process will

be the feedback that students receive. As with all feedback, students must focus on their successes and their areas for improvement. Only by reflecting and learning from our mistakes can we become masters of a subject. I am grateful to parents for your on-going support in helping our students to revise and to achieve the best possible outcomes. We look forward to another productive and enjoyable half term at The Hurlingham Academy.

Meet the Tutor evening

Year 7 Meet the Tutor evening will be held on Thursday 11th November, from 16:00-19:00. This is a great opportunity to meet with your son or daughter's form tutor to find out how they have settled into secondary school and to ask any questions that you might have. Appointments will be held online and booking details have been sent to you by email. If you have any queries, please contact parentsevening@thehurlinghamacademy.org.uk.



Regular Covid Testing



Parents with children at nurseries, schools and colleges

A guide to regular rapid Covid-19 testing



How does it work?

It's a simple swab test you can do at home, school, work or test site, using a Lateral Flow Device (LFD). It takes around 30 minutes to find out if you have the virus.

The test detects viral proteins that are present when someone has Covid-19. Research from Public Health England and Oxford University shows that they pick up the vast majority of people in the most infectious stage of the disease. With up to 1 in 3 people who have the virus showing no symptoms – they could be spreading it without knowing.

Testing should take place twice a week, every three – five days, ideally in the morning. Why not add this to your morning routine?

If you test negative, you can continue to go to work. You should still strictly follow all other government guidelines and avoid all unnecessary contact. If you, your household or bubble test positive, you should all self-isolate immediately. And then the person who has tested positive should also take a confirmatory PCR test and follow latest government guidance.

For more information visit gov.uk/guidance/understanding-lateral-flow-antigen-testing-for-people-without-symptoms



YouTube Introduction to Rapid Lateral Flow testing

Regular rapid testing is now available for parents, their households and bubbles.

Regular rapid testing is a fast and easy way to find out if you have coronavirus and help protect your loved ones and community. It's free and takes around 30 minutes.

Why introduce regular rapid testing?

Up to 1 in 3 people who have Covid-19 have no symptoms and could be spreading it without knowing.

Regular rapid testing is now available for parents of nursery, school children and college students. As well as adults in their households, childcare and support bubbles.

Regular testing for people without symptoms is already taking place across the country. Thousands of people who didn't know they had the virus have been able to take action to stop the spread of the disease.

As lockdown restrictions ease, getting into the regular habit of twice weekly testing will play an important role in getting back to normal; alongside the vaccine, following the hands, face, space guidance, and social distancing measures.

Regular testing for school staff and students

Regular rapid testing is already available to all staff at nursery, primary and secondary schools and colleges.

Secondary school and college students aged 11 and above will continue to access regular rapid tests directly through their school or college. And we continue to encourage them to get tested.

On return they will initially be supervised while testing at school and then continue to test themselves at home with test kits they will get from school or college.

Nursery and primary school children are not being asked to be tested as evidence continues to show that children and young people are at low risk from Covid-19 and are very unlikely to get seriously ill.

What is the benefit to you?

By taking part in regular rapid testing, you'll be protecting yourself and your loved ones. And helping us all get back to a more normal way of life.



Reporting your test

You should report your results online straight away, even if your result is negative or void. It's easy to do at: gov.uk/report-covid19-result

Results can also be reported via telephone by calling 119 (free from mobiles and landlines). Lines are open every day, 7am to 11pm.

If you have tested positive, you can also check to see if you are eligible for the £500 Test and Trace Support Payment.



Where can I get tested?

If you are a parent or adult of a household, childcare or support bubble you can either:

1. Get an assisted test at work if it is available.
2. Attend a test site to get tested (where you will be able to see how to take the test) or pick up tests to do at home.
3. Order a test online to do at home.

To find out how to get a free rapid Covid-19 test visit gov.uk/coronavirus-school-household-testing

Regular rapid testing is for those without symptoms of Coronavirus. If you have symptoms, you should continue to book through nhs.uk/coronavirus



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House update

Welcome back to the weekly House updates!

Another big week in the House system, as we celebrated Diwali on Thursday by displaying giant rangoli patterns in the PE corridor for the pupils to contribute to. You can see the fantastic work in the photos!

Rowing kicked off our week, with Miss Hargreaves rowing the last minute on the machine, helping her House (who had already won) win the competition on Tuesday at lunchtime. Veritas closely followed in second place. We are still yet to reach our 5000m lunchtime target, but the first House to do so will get double points!

Due to the popularity of the rangoli patterns we postponed Countdown for this week to ensure all the energy went into those posters, and it is an incredibly difficult task that Mr Pudney and Mr Wilson must judge the best final creations. The winners will be announced in the House assemblies on Tuesday morning! We then collected our E-praise totals for the week, and another win for Aequitas who have accumulated 452 E-praise for this week. Please see the points table, it is really hotting-up between the top three. But...on Wednesday 10th November we have our first Drop Down Day P4-7, and there are six amazing events happening instead of lessons, so make sure you arrive to school with lots of House enthusiasm as there are lots of points up for grabs! We never know, Caritas might win Drop Down Day and lead the House system next week! It is all to play for. Tune in next week...

1 st	Unitas	2045
2 nd	Aequitas	1955
3 rd	Veritas	1950
4 th	Caritas	1670



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THA at the Gallery

This week Year 10 participated in an exciting, artist lead painting workshop and visit to Charmane Chanakira's exhibition, 'I Am All And None' at The Bomb Factory Art Foundation on Kings Road, in Chelsea.

The artist's identification as a BLACK/ ZIMBABWEAN/ MIGRANT/ WOMAN living in the UK is central to her practice; as the artist claims: 'I'm not just one thing, I am all and none.'

'I Am All And None' ties with the artist's passion for people which has grown over the years, thus encouraging her to develop a career in the mental health sector. Considering art's social function, this exhibition is a step towards staging first-hand the benefits of using art to self-heal and to encourage emotional intelligence through the making of art itself.

The students participated in a mindfulness workshop by the artist, then were lead in creating a painting of their role model from imagination.

The trip was enjoyed by all. It was a truly fantastic opportunity to see Art in real life again and to work in such a fantastic creative space.

The Art department will be working with the gallery on a regular basis in the coming weeks - starting with an in school mural project that all students will have the opportunity to be a part of. This will contribute to the whole school community so watch this space to learn more soon!

To keep up to date with what we are doing in the Art department across all year groups please follow us on Twitter @ArtHurlingham



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Debate Mate

On Wednesday Ms Robinson took 25 keen debaters from Year 10 to Westminster for the launch of Debate mate 2021. Well done to all pupils who have made the debate team. This really is a fantastic opportunity for you to develop key employment skills and have fun whilst doing it. We hope the launch inspired you and we look forward to seeing our name at the top of the London debating leader board in no time!



KS4 Mocks

Mocks exams for students in Year 10 and 11 begin on Monday 15th November. These exams are really important and will help you to see how your child is performing in each subject.

Students have been given their exam timetable and revision manifests and should have started their revision over the half term break. We particularly recommend the following revision techniques:

Self quizzing to learn definitions from a knowledge organiser (see [this video](#))

Testing yourself on flashcards using the Leitner system (see [this video](#))

Completing practice questions - your teacher will provide you with these.

Teachers will be giving out lots of revision tips in lessons next week, so it's important for Year 10 and 11 students to be in school every day and to get plenty of rest each night. You can find the revision manifests and exam timetables available [here](#).



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Mr Wilson's Commendations

Congratulations this week go to the following pupils, who made it to the top of our maths, English and science leader boards:

Top of the leader board for Hegarty Maths this week are:

Year 7: Jonas



Year 8: Taima



Year 9: Fatima

Year 10: Lilian

Year 11: Adem

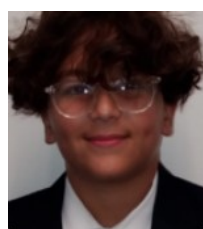


Top of the leader board for Bedrock in English this week are:

Year 7: Omar

Year 8: Ethan

Year 9: Marley



Top of the leader board for Educake this week with most correct questions answered are:

Year 7: Nicoleta

Year 8: Alba

Year 9: Ridwan

Year 10: Liam

Year 11: Elisabetta



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Parent Survey

Help us to understand what you value about The Hurlingham Academy, and what we should improve, through our annual parent survey! The survey takes around 15 minutes to complete and you can access it [here](#), with the chance to win a £25 Amazon voucher.



Getting to know you – Ms McIver

Name: Ms McIver

Job: Teacher of English and Drama

Favourite Book: My Brilliant Friend by Elena Ferrante

Interesting fact about me: I love to travel, and I am trying to visit 30 countries by the time I am 30. I'm currently on 28!

Favourite thing about working at THA: The people! The staff and students are amazing and have been so welcoming, friendly and supportive

House: Veritas (the best!)



Key dates for week beginning 8th November – Week 1

Description	Date	Time
Whole School Assembly	Monday 8 th November	08:30 - 9:00
Year 7 Royal Parks visit	Monday 8 th November	08:25 - 16:00
PSHCE Drop Down Day	Wednesday 10 th November	08:25 - 15:30
Year 7 Meet the Tutor evening	Thursday 11 th November	16:00 - 19:00



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