



### Mr Wilson's Weekly Message



This week I have been inspired by the exciting House competitions happening in school. Our Heads of Houses have challenged us to get outside (keeping the restrictions in mind) and to be inspired by our surroundings by taking photos and exercising in our local area. With this in mind I have set myself my own weekly challenge of taking a long walk every evening and hopefully meeting my goal of 30 kilometres each week. On my walks I am really able to digest the day and clear

my mind of anything bothering me; this time to myself has become so important both physically and mentally. Self-care is one of the easiest things to push aside when you are busy or stressed so I'm delighted to see the activities so many of you are doing outside of school to look after yourselves and I hope that you will continue to share these with us through our weekly house competitions, events and online. I hope this is one way that we can all share in something positive and support each other to be the best versions of ourselves.

As always, until we are able to welcome pupils back to school, please continue to stay safe, exercise and enjoy the family you have around you.

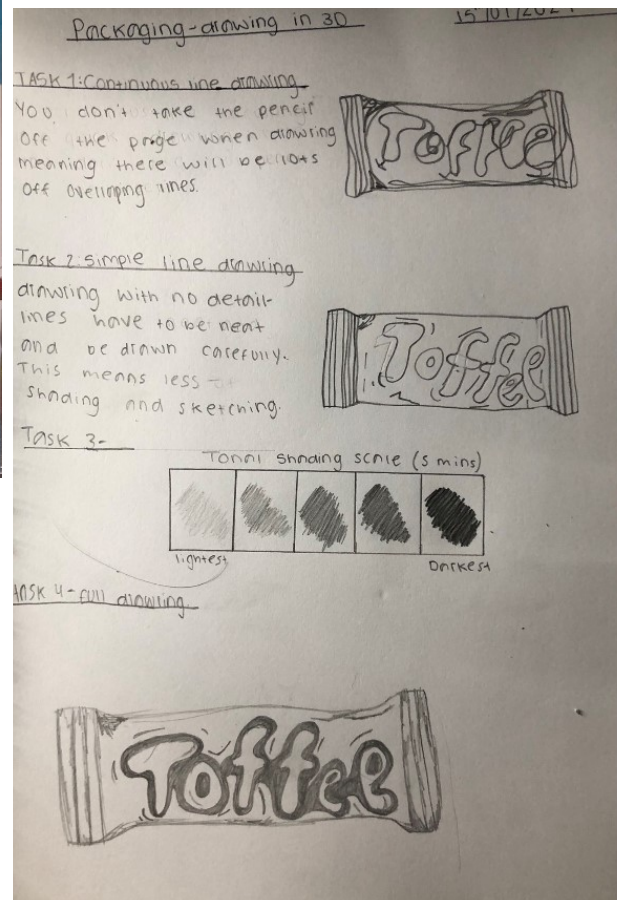
### Important information – Year 7 event

After the success of our recent Year 8 parents' forum, we will be holding a Year 7 online parent's forum on Wednesday 10<sup>th</sup> February at 6pm to discuss with you Year 7s recent assessments, curriculum and information regarding reports. This is also an opportunity for you to meet our Head of Year 7, Ms Hiscocks, and Assistant Principal for KS3, Ms Reid-Nelson, virtually and ask any questions about the transition from Year 6 to Year 7, the year so far and the year ahead. We look forward to seeing you then. Please put the date in your diary. The link for the event will be sent to you nearer the date.



## Artists of the week

Excellent packaging studies from Year 7 this week as students were introduced to observational drawing techniques using line drawing and tonal shading. Well done!



Follow @ArtHurlingham on twitter for more artistic updates



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## Subject in the Spotlight!

This week's subject in the spotlight is.... **Science** with Ms Wong, Head of KS3 Science and Dr Deng, Head of KS4 Science



In **Science** this week we have been:

**Year 7:** Finishing a unit on reproduction. Next week they are going to start their learning journey in Chemistry. We will look into what chemical reactions are and the uses of acids and alkalis.

**Year 8:** Learning about the recycling of natural resources and the earth's atmosphere. Next week, we will start learning about electricity and how it works.

**Year 9:** Learning about the skeletal system, respiration and effects of exercise and smoking on respiration. Next week we are going to learn about sound waves. We will begin with learning the structures of waves, thinking about how energy is transferred and learning the phenomenon of superposition.

**Year 10:** Learning about the atomic model and how different scientists in the past have conducted experiments to develop the model of the atomic structure that we know of today. Next week, we will look at radioactivity - how to measure it and what causes radioactive decay!

**Year 11:** Learning about the DNA, reproduction, and genetic inheritance. Next week, we will explore the causes of variation between individuals of a species and learn about natural selection and evolution!

For further curriculum information, please go to [www.thehurlinghamacademy.org.uk/curriculum/curriculum-maps](http://www.thehurlinghamacademy.org.uk/curriculum/curriculum-maps)



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## Mr Wilson's Weekly Commendations

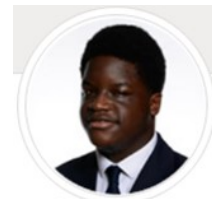
I am pleased to see our pupils working to a consistently high standard both in their online lessons and at home. Congratulations this week go to the following pupils, who made it to the top of our maths and science leader boards:

Top of the leader board for **Hegarty Maths** this week are:

Year 7: Alba



Year 8: Yaqub



Year 9: Anais

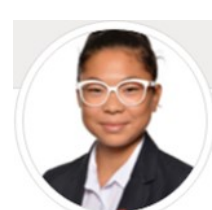


Year 10: Phoebe

Year 11: Malachi

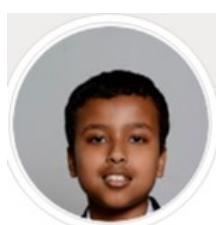
The following students are top of the **Educake science** leader board this week for most correct questions answered:

Year 7: Rufus



Year 8: Liban

Year 9: Chloe

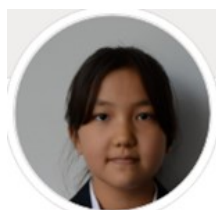


Year 10: Arya

Year 11: Anna

Our top readers this week in Year 8 as recorded on **Accelerated Reader** are:

1. Siobhan
2. Tamila
3. Thenisha
4. Lexi
5. Megan





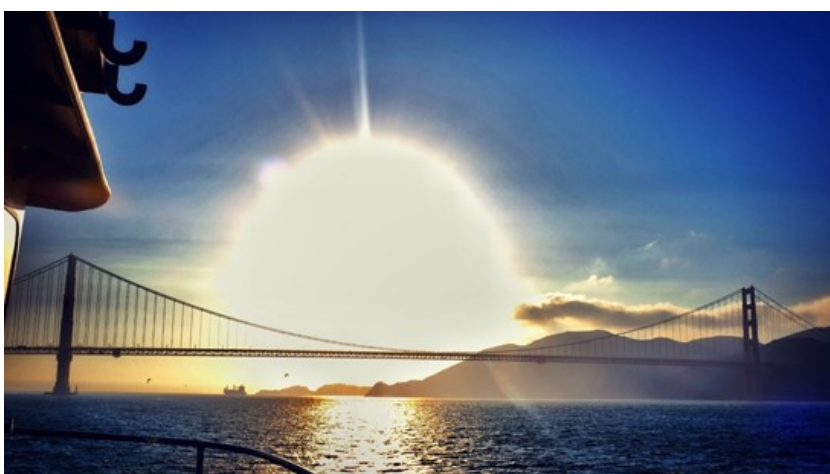
## House updates



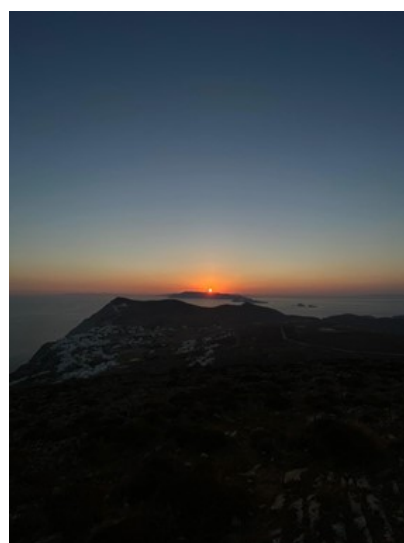
### Photography House Competition

Mr Pudney spent a long time sorting through all of the photos that he was sent for this competition. Pupils across the school, and members of staff, demonstrated their photography skills with some truly amazing pictures of sunrises and sunsets. Some, in London, and around the local area, and others from far and wide. Our winning photo is from Mr Bacolor with his sunset photo from Montana in the United States. Alexia Year 9 was 2<sup>nd</sup> with her high mountain top photo. Lots of entries for this competition so well done to all the pupils across Y7-Y11 who took time to enter. Scores below!

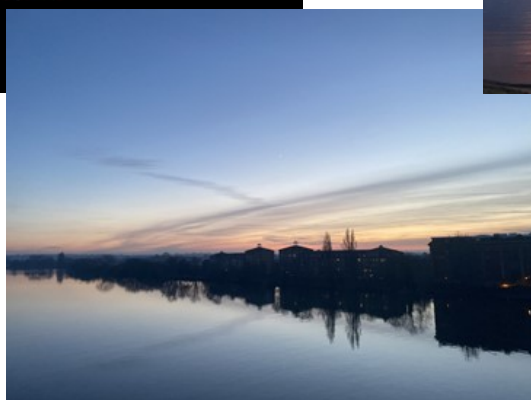
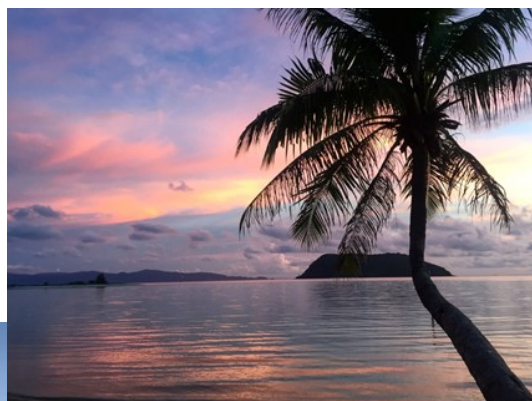
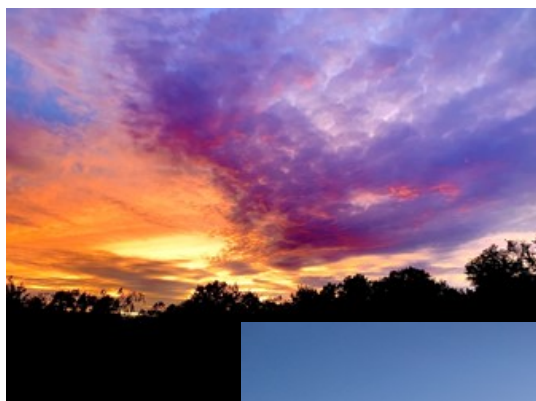
Mr Bacolor's sunset travelling through North America. **(1st)**



Alexia's mountain sunset **(2nd)**



Some other fantastic entries from staff and students:



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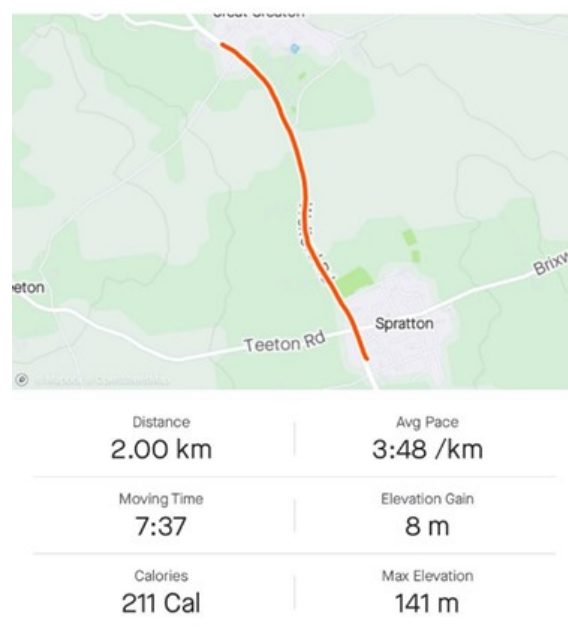
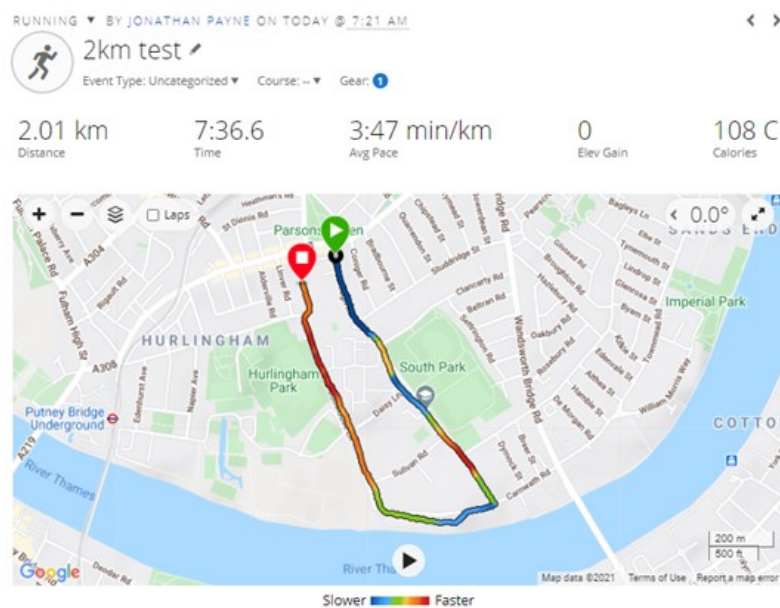


## House updates



### 2k Run House Competition

Dr Payne clocked the fastest 2k run from teachers and students. He average 1km in 3 minutes 47 seconds, which is incredibly fast. He was pushed incredibly close to 1<sup>st</sup> place by the PE departments Miss Hargreaves, who clocked an incredibly impressive 3 minutes 48 seconds per km. Well done to Alisha-Rose, Anais, William, and Matyas who also entered!



### House points this week



This term

850

950

1100

700



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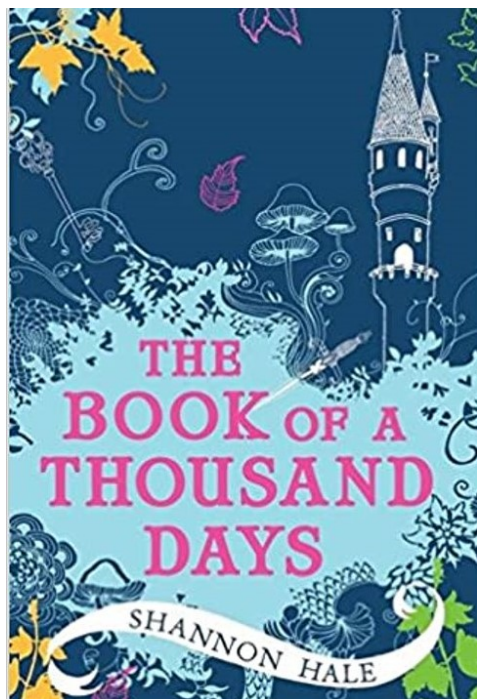
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### Book of the week- KS3



#### ***The Book of a Thousand Days* By Shannon Hale**

When a beautiful princess refuses to marry the prince her father has chosen, her father is furious and locks her in a tower. She has seven long years of solitude to think about her insolence. But the princess is not entirely alone - she has her maid, Dashti.

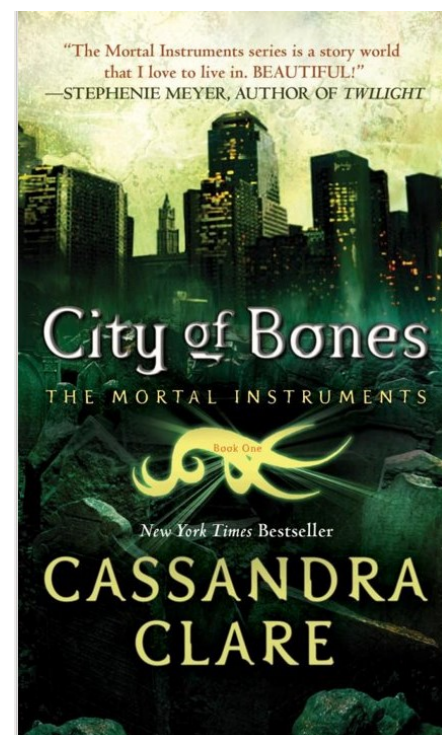
Petulant and spoilt, the princess eats the food in their meagre store as if she were still at court, and Dashti soon realises they must either escape or slowly starve. But during their captivity, resourceful Dashti discovers that there is something far more sinister behind her princess's fears of marrying the prince, and when they do break free from the tower, they find a land laid to waste and the kingdom destroyed. They were safe in the tower, now they are at the mercy of the evil prince with a terrible secret.

### Book of the week- KS4

#### ***City of Bones* By Cassandra Clare**

It's after dark in New York City, and Clary Fray is seeing things. The best-looking guy in the nightclub just stabbed a boy to death, but the victim has vanished into thin air. Her mother has disappeared, and a hideous monster is lurking in her apartment.

With her life spiralling into darkness, Clary realizes that she has stumbled into an invisible war between ancient demonic forces and the secretive Shadowhunters, a war in which she has a fateful role to play.



## Let's keep reading!

At The Hurlingham Academy, we believe that reading underpins the success that our students have in every area of their studies. During lockdown, ensuring our students continue to read for enjoyment is important - not only for their academic success, but also because reading helps us to relax and provides an important distraction during this time of uncertainty.

Having access to books at this time can be a challenge, so our librarian has put together a number of sources that may help you to locate free books online for your family

**Library** customers in Hammersmith and Fulham can download books, magazines, newspapers, audiobooks and comics free online. Other boroughs will offer something similar. You can sign up to the library online.

<https://www.lbhf.gov.uk/libraries/online-and-audio-visual-resources>

**Audible** UK have made hundreds of children's audiobooks available for free to students during school closures.

<https://stories.audible.com/start-listen>

**Novel Free Read** online provides access free online books for download

<http://novelfreereadonline.com/280419-young-adult>

**Epic** is a digital reading platform with over 40,000 popular, high-quality books from 250+ of the world's best publishers. Parents can sign up for a 30 day free trial. Students in years 7, 8 and 9 can get a class access code from their English teacher for free access.

<https://www.getepic.com>

**Open Library** is a collection of over 3 million books available for digital access. All that is required is an email address to sign up for a free account. Books are able to be borrowed for 21 days.

<https://openlibrary.org>

**The International Children's Digital Library** is a collection of books that represents outstanding historical and contemporary books from throughout the world.

<http://en.childrenslibrary.org/index>.



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## Online Safety for Young People

Children and young people's lives have changed dramatically because of the coronavirus. With social distancing measures and most schools closed, children will be spending more and more time at home and online.



And while the internet is a great way for children and young people to stay in touch with their friends and keep busy during lockdown, it can also bring risks. Now more than ever it's important to talk to your child about staying safe online and about the apps and sites they're using. Here are some things you can talk about at home regarding keeping safe online.

### **Think before you post**

Don't upload or share anything you wouldn't want your parents, carers, teachers or future employers seeing. Once you post something, you lose control of it, especially if someone else screenshots or shares it.

### **Don't share personal details**

Keep things like your address, phone number, full name, school and date of birth private, and check what people can see in your privacy settings. Remember that people can use small clues like a school logo in a photo to find out a lot about you.

### **Watch out for phishing and scams**

Phishing is when someone tries to trick you into giving them information, like your password. Someone might also try to trick you by saying they can make you famous or that they're from a talent agency. Never click links from emails or messages that ask you to log in or share your details, even if you think they might be genuine. If you're asked to log into a website, go to the app or site directly instead.

### **Think about who you're talking to**

There are lots of ways that people try to trick you into trusting them online. Even if you like and trust someone you've met online, never share personal information with them like your address, full name, or where you go to school.

### **Never give out your password**

You should never give out your password or log-in information. Make sure you pick strong, easy to remember passwords.

### **Cover your webcam**

Some viruses will let someone access your webcam without you knowing, so make sure you cover your webcam whenever you're not using it.

For more information about keeping safe online and looking at specific apps and their safety settings, please visit <https://www.net-aware.org.uk/>



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## Getting to know you - Mr Punter

**Name:** Mr Punter

**Job:** Academic Mentor

**Favourite Book:** Hitchhikers Guide to the Galaxy

**Interesting fact about me:** I spent a month living in the rainforest

**Favourite thing about working at THA:** Respectful students / the coffee machine

**House:** Caritas



## Key dates for week beginning 01/02/21

Description	Date	Time
Anxiety Workshop	Monday 1 <sup>st</sup> February	17:30
Key worker and vulnerable students in school	Monday 1 <sup>st</sup> - Friday 5 <sup>th</sup> February	08:30 -15:00
All students learning remotely	Monday 1 <sup>st</sup> - Friday 5 <sup>th</sup> February	08:30 -15:00

## Anxiety Workshop

**Anxiety Workshop:** Our Anxiety Workshop has now been rescheduled for Monday 1<sup>st</sup> February at 5:30pm. If you or your child are feeling anxious or finding it difficult to cope, please join the workshop run by our Educational Psychologist, Amal Hussein, and Assistant Principal for Inclusion/SENCo, Cassie Francis. If you have any questions or issues you would like raised in the meeting, please email in advance to

[cfrancis@thehurlinghamacademy.org.uk](mailto:cfrancis@thehurlinghamacademy.org.uk)

A link to the meeting will be sent to parents on Monday via MyEd. We look forward to seeing you.



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