



## Mr Wilson's Weekly Message



I would like to begin by welcoming back all pupils, parents and staff. I hope you have all had a fantastic summer break and are as excited as I am to begin the new school year. I would like to extend my welcome to all new pupils and parents joining us. After another year of fantastic results, the phone has not stopped ringing with parents enquiring about potential places for their children. It has been lovely to see so many new starters over the past couple of days already settled in and thriving.

With the new academic year now well and truly underway, we at The Hurlingham Academy have got straight back to what we do best: teaching and learning. It has been such a pleasure to walk around the school this week and see wonderfully calm, focused classrooms led by passionate, expert teachers. All pupils have come back ready to learn and teachers have been incredibly impressed with their positivity and engagement in class, despite the rather wet weather!

I cannot express just how delighted I am to begin the new academic year. September brings such excitement at the possibilities that lie ahead. I said to the staff body on Monday that I think this is going to be a record breaking year for The Hurlingham Academy, and I really do believe it. I hope all pupils make the most of the opportunities offered to them over the upcoming year, and I look forward to sharing many more positives with you all over the week, term and academic year.

## Year 7 Induction Schedule

We would like to remind all parents of year 7 pupils that our induction schedule means some slightly altered timings to the school day over the next couple of weeks. The induction schedule for **Year 7 students ONLY** is as follows:

### Week beginning 9<sup>th</sup> September

Year 7 PREP (Compulsory) Monday to Thursday 3:30pm – 4:30pm. School to finish at 4:30pm.

### Week beginning 16<sup>th</sup> September

Year 7 PREP (Compulsory) Monday to Thursday 3:30pm – 4:30pm. School to finish at 4:30pm.

### Week beginning 23<sup>rd</sup> September

Year 7 Clubs (Compulsory) every Monday from 3:30pm – 4:30pm. School to finish at 4:30pm on Mondays only.

Study skills every Thursday 3:15pm– 3:40pm



## Preparing for the School Year

Student Bulletin no. 1 – September 2024



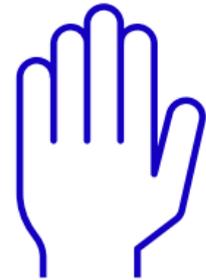
### WELCOME TO THE NEW SCHOOL YEAR!

**We hope you enjoyed your summer holiday and practiced lots of self-care!**

It can be daunting returning to school or college after a long break, especially if you've started at a new place or are going into exam years.

Take time to regularly check in with your emotions and reach out to friends, teachers, or parents/carers if you feel overwhelmed.

Remember, there is no such thing as a stupid question or concern. So don't be scared to raise your hand in class or speak to your teacher alone if you don't understand something, rather than getting behind in your schoolwork and adding stress to your life.



#ControlYourScroll

### 19<sup>th</sup> September is **Youth Mental Health Day!**

This year, the theme is **#ControlYourScroll**. 93% of children and young people feel concerned by online content, including bullying, fraud, or fake news. These worries can affect our mental and emotional health so:

- Reflect on the amount of time you spend on social media and websites – is it healthy, or could you mix it up with more offline activities?
- Block users or content that don't make you feel good
- Remember that people post pictures, comments, and strong views to get more followers – their content isn't always a reflection of their life
- **Download** Stem4's guide to using the internet safely

### 27<sup>th</sup> September is **National Teaching Assistants' Day!**

Celebrate the amazing ways teaching assistant help students.

**Download** their banners and 'thank you' cards for staff and pupils to write personal messages of appreciation.



### Amazing Opportunities for secondary and college students!

We've added 2 posters to this bulletin – have a look and sign up if you'd like to take part. One is for 11-18-year-olds, and the other for 16-25-year-olds.

If new things make you nervous, why not challenge yourself to get out of your comfort zone? Both opportunities are organised by staff with lots of experience of working with young people who might have mental or emotional wellbeing challenges including anxiety. **Give it a go!**



# DREAMLINE

FREE ONE-DAY ART INITIATIVE FOR YOUNG PEOPLE

Are you aged 16 - 25?,  
Do you live in Hammersmith &  
Fulham, Ealing or Hounslow?

Using different artistic techniques  
such as printmaking and collage, joins us to  
**design your dream tube line**

All the ideas will be displayed at  
the LTM Open Depot Weekend for  
thousands of visitors to see

Most importantly...  
you don't need to be into arts already.  
This is for anyone!

When:  
**Saturday, September 14, 2024**  
10am-4pm  
(lunch & snacks provided)

Where:  
**London Transport Museum Depot**  
2 Museum Way  
118-120 Gunnersbury Lane, W3 9BQ

Questions?: [communities@ltmuseum.co.uk](mailto:communities@ltmuseum.co.uk)



 **Mind**  
Hammersmith,  
Fulham, Ealing  
and Hounslow



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## A message from the Heads of Year

Welcome, **Year 7!** We are absolutely delighted to have you join our school community. Your incredible manners and fantastic concentration in your initial lessons have already given a wonderful first impression. As you embark on this exciting new chapter, we are eager to see all the amazing things you will achieve throughout the year. Here's to a year full of new friendships, exciting learning opportunities, and memorable experiences. We look forward to supporting you every step of the way and watching you thrive!



Welcome back, **Year 8!** I hope you had a restful and enjoyable break, and are now feeling energised for the exciting year ahead. This year will bring new challenges to grow both academically and personally, as you take on new opportunities and responsibilities, such as the First Give charity project and student receptionist role. I am incredibly excited to be working with each of you and look forward to celebrating the successes you will bring over the year!

Welcome back, **Year 9!**

We hope you had a fantastic break and are ready to dive into an exciting and important year. This is your final year of Key Stage 3, and it's time to focus on being the absolute best version of yourselves. I am very excited for the upcoming Year and very much looking forward to being your new Head of Year. Let's have a great year, working hard towards graduating from KS3 and stepping into your next big challenge - KS4!'



A huge welcome back to **Year 10.** I hope you have had a fantastic summer and are feeling well rested and ready to work hard. It has been an absolute pleasure to see you all return with such maturity and focus. This year will be a big one as you begin preparing for your GCSEs and learning the core content across your selected subjects. I am incredibly excited to see what you are able to achieve this year inside and outside of the classroom. Wishing you the very best of luck - we are all rooting for you!

Well done to **Y11** for a fantastic first few days back to school this week. They have hit the ground running brilliantly, and Ms Quinton and I have been very pleased with their attitudes so far. There has been brilliant enthusiasm towards Intervention already, and we look



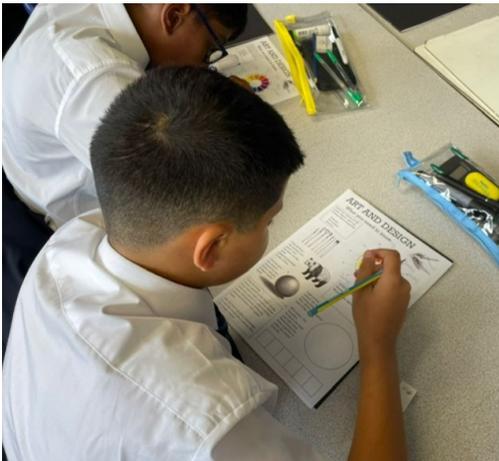
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## Welcome Year 7

We would like to say a warm welcome to all year 7 pupils who have joined us. It has been fantastic to see you all settle in so quickly and we are hugely excited to see you all reaching your full potential over the course of your five year journey at The Hurlingham Academy.



## Key dates for weeks beginning 9th and 16th September

Description	Date	Time
Line up for all pupils	Monday 9th September	8:25am
Whole school assembly	Monday 9th September	8:30-9:00
Year 7 Prep	Monday 9th – Thursday 12th September	15:30 - 16:30
Year 7 Prep	Monday 16th – Thursday 19th September	15:30 - 16:30
Year 10 Geography field trip	Friday 13th September	All day
Year 8 Royal Institute visit	Friday 13th September	9:00-13:00



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