

# BTEC Level 3 National Extended Diploma in Health and Social Care



## COURSE OVERVIEW

Name:

*The greatest wealth is health*



**WELCOME!**

The best in everyone™  
Part of United Learning

Welcome to BTEC Level 3 Health and Social Care! Congratulations on choosing this fantastic, interesting and enjoyable course with lot's of opportunities as a career! 😊

In the UK, Health and Social Care (often abbreviated to HSC or H&SC) is a term that relates to services that are available from health (dentist, psychologist, nurse, physiotherapist) and social (social work, personal care, protection or social support services to children or adults) care providers. This is a

generic term used to refer to the whole of the healthcare provision infrastructure, public and private sector.

### **What makes a successful HSC student?**

- An interest in HSC
- Openness to new ideas.
- A willingness to participate in class discussions.
- The ability to respect and listen to other people's views even if you disagree with them.
- An ability to write effectively
- An ability to work and think independently as well as with others.
- Self-motivation.
- Meeting deadlines: Coursework
- Attendance and punctuality.

### **Assessment success**

Activities	Estimated time
<b>Activity 1: Getting to know HSC</b>	<b>3 hours</b>
<b>Activity 2: Working in Health and Social Care Roles and responsibilities</b>	<b>3 hours</b>
<b>Activity 3: Unit 1: Human Lifespan and Development</b>	<b>3 hours</b>
<b>Activity 4: Duty of Care</b>	<b>3 hours</b>

**Learners taking this qualification will study eight mandatory units:**

Human Lifespan Development
Working in Health and Social Care
Anatomy and Physiology for Health and Social Care
Enquiries into Current Research in Health and Social Care
Meeting Individual Care and Support Needs
Work Experience in Health and Social Care
Principles of Safe Practice in Health and Social Care
Promoting Public Health

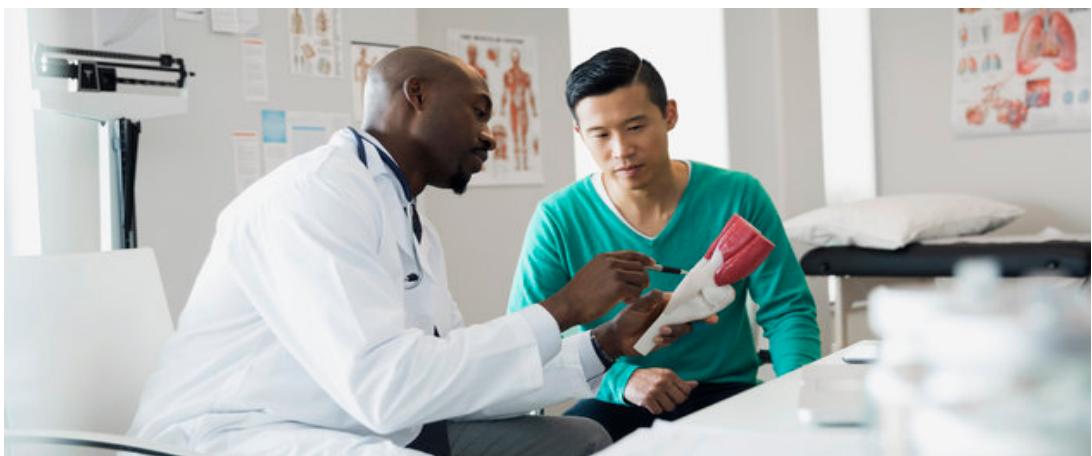
**Learners taking this qualification will study five optional units:**

Sociological Perspectives
Psychological Perspectives

Physiological Disorders and their Care

Nutritional Health

Assessing Children Needs



## ASSIGNMENTS

For each unit, you will be given an **Assignment Brief**. These will contain tasks that you must complete by the deadline provided. Please read these carefully before starting your work. It is important that you meet the deadline dates because if you don't, you risk failing the course. You cannot fail any unit.

### Draft work Procedure

**Formative Copy** To be printed out and clear evidence of self and peer assessment before handing in.

**Summative Copy** (Final) to be printed out with all corrections made and submitted with the 1<sup>st</sup> draft.

If work is not handed in on time the HSC deadline procedure will be followed (see below)

### **WORK EXPERIENCE**

Work experience is a very important part of HSC. You will be required to completed 100 hours (15 days) work experience in a Health or Social Care environment. You must complete ALL 15 days in order to PASS part of your Unit 6. When on WEX you have to act in a professional manner and abide by the organisations health and safety policy. .

### Activity 1: Getting to know HSC

What do you know about Health and Social Care so far?

What is your dream job?

### The organisations you really should know!

- 1.National Health Service (NHS)
- 2.Department of Health (DH)
- 3.National Institute for Care Excellence (NICE)
- 4.Health and Safety Executive (HSE)
- 5.Care Quality Commission (CQC)
- 6.Public Health England

**7.OFSTED****8.Royal College of Nursing (RCN)****9.General Medical Council (GMC)**

Choose three organisations from the list above and **research** it's role. For example, what is the role of OFSTED?

1. Explain the effect of Ofsted in schools
2. Explain the role of CQC in hospitals.
3. Explain the effect of CQC in hospitals
4. Evaluate the role of Ofsted in schools.
5. **Evaluate** the role of CQC in hospitals.

**Task 3: Current Affairs - Contemporary global issues impacting the healthcare services**

As part of your personal development it is important for you to be aware of current news events and stories both nationally and in your local area. In particular those that involve health and social care services such as:-

- National Health Services – hospitals, doctors, dentists etc.
- Social Care Services – child protection, adult services, care for the elderly

- Research three articles around Coronavirus and answer the following question.

Examples: ([https://www.sciencedaily.com/news/health\\_medicine/today%27s\\_healthcare/](https://www.sciencedaily.com/news/health_medicine/today%27s_healthcare/)  
[https://www.nuffieldtrust.org.uk/news-item/coronavirus-how-will-the-nhs-cope?gclid=EA1aIQobChM1oZOb0ZrC6QIV1IBQBh1FbQjbEAAYASAAEglozvD\\_BwE](https://www.nuffieldtrust.org.uk/news-item/coronavirus-how-will-the-nhs-cope?gclid=EA1aIQobChM1oZOb0ZrC6QIV1IBQBh1FbQjbEAAYASAAEglozvD_BwE))

1. Explain the roles of healthcare professionals in the article?
2. Evaluate the importance of healthcare professionals in the article.
3. Why is your opinion on the current situation?
4. Evaluate the news articles, why might they have different opinions?
5. Based on all the information that you've gathered, **create an information booklet on Coronavirus** for the NHS, what do you think you will need to include?

**Activity 2: Unit 2, Working in Health and Social Care**

**In January 2021 you will sit an exam. This will be for Unit 2 – Working in Health and Social Care. As part of this you need to have knowledge of the roles and responsibilities of specific jobs in health and social care.**

Jobs in Health Care	Jobs in Social Care
Doctors	Social workers
Nurses	Occupational therapists
Midwives	Youth workers
Healthcare assistants	Care managers

**For each job, explain the job role and the job responsibilities.**

**JOB ROLE - This relates to someone's position or function in at their job. What do they do?**

**JOB RESPONSIBILITY - being accountable or to blame for something.**

Example

Part of the role of a GP is to do physical examinations. It is their responsibility to make sure they treat the patient with dignity and respect.

There are a lot of television documentaries and dramas that focus on these jobs. It would really help you to watch these and identify the job role and responsibilities. Television programmes and links – research task.

**1. Make me a Midwife - <https://www.youtube.com/watch?v=wY8jAYUZe38>**

Questions:

Explain the role of the Midwife in this video?

What skills do midwives require?

**2. Junior Doctors – On the frontline  
(<https://www.bbc.co.uk/programmes/b013fdbd>)**

<https://www.youtube.com/watch?v=IKWgzSS5ifo>

Questions:

Explain the role of the Junior Doctors.

What skills are required for Junior Doctors?

Explain how this role may be stressful?

Explain how this role may be rewarding.

**3. Hospital Series  
<https://www.youtube.com/watch?v=oIGy2BeZmVI>**

Question

Explain why some roles in the NHS can be challenging in accident and emergency.

**4. Care Assistant - <https://www.youtube.com/watch?v=FE1khfnuBvQ>**

Questions

Explain the role of a Care Assistant.

Explain the skills that are required

Explain why this maybe challenging.

**5. Youth Work - [https://www.youtube.com/watch?v=Nk3tB\\_yE9yY&t=22s](https://www.youtube.com/watch?v=Nk3tB_yE9yY&t=22s)**

Questions

Explain the role of a Youth worker

What skills are required for youthwork?

**Read the scenario below and answer the following questions.**

Scenario: Mr Khan is an 80 year old man who lives on his own following the death of his wife 2 years ago. Mr Khan fell in the garden and has fractured his hips. He has been recovering in hospital for three weeks now and the discharge care manager at the hospital hopes a return home is possible once the multi-disciplinary team assessment has been taking place.

1. Describe two responsibilities on Healthcare Assistants when looking after people on hospital wards.(4)
2. Suggest two risks that may be identified when Mr Khan returns home and how they may be reduced. (4)

**Task:** Research one of the following case studies: Madeleine Mccann, Victoria Climbié, Daniel Pelka, Winterbourne View, Gemma Hayter, Stephen Hoskin, James Bulger and (Peter Connelly) Baby P.

Write a report that shows your ability to complete the following criteria:

- Be able to **describe** various types of abuse and how types of abuse are indicated (How many types of abuse are there, and how are they spotted?)
- Be able to **assess** the priorities and responses that should have been in place when dealing with your chosen case study (Give a brief overview of your case study and suggest various things that could have been done to safeguard your chosen case study victim)
- Be able to **evaluate** the role of multiagency working to reduce the risk of abuse, with reference to legal frameworks, regulations, working strategies and procedures. (Explain what multiagency working is, and justify how this could have been more effective in safeguarding the individual in your case study)

### Activity 3: Unit 1: Human Lifespan and Development

Health and social care practitioners need to develop a knowledge base for working with people in every stage of their lives, and they need to know how their own experiences relate to health and wellbeing.

This unit will develop your knowledge and understanding of patterns of human growth and development. You will explore the key aspects of growth and development, and the experience of health and wellbeing. You will learn about factors that can influence human growth, development and human health.

You all remember the famous PIES 😊. Physical, Intellectual, Emotional and Social development. For this activity, you will need to do the following:

- Research the PIES across infancy, middle adulthood and later adulthood.
- Identify three play activities that would encourage a group of young children and infants to share.
- Why is it important for children to be able to share?

Watch the following video on ‘the secret life to 4, 5, 6 year olds’

[https://www.youtube.com/watch?v=wJCRzgAPwE4&list=PL9V7HfrnFIHpyjuiaE9OH2lkQ\\_qgSxj6](https://www.youtube.com/watch?v=wJCRzgAPwE4&list=PL9V7HfrnFIHpyjuiaE9OH2lkQ_qgSxj6)

### Questions

- Write down as many activities that promote physical, language, communication and social development.
- Why might these activities help to promote these developments?
- What other activities can you think of to help promote development?
- **Evaluate the importance of development for children (below is the success criteria for this).**

## Success Criteria

### **Introduction**

- Define growth and development.

### **Paragraph 1**

- Explain why physical and intellectual development are important
- Write a PEEL paragraph (point, evidence, explain, link (evaluate the extent to which)

### **Paragraph 2**

- Explain why emotional and social development are important
- Intellectual development is important
- Write a PEEL paragraph (point, evidence, explain, link (evaluate the extent to which)

### **Paragraph 3**

- Explain the impact of not having physical and intellectual development for children

### **Paragraph 4**

- Explain the impact of not having emotional and social development for children.

### **Conclusion**

### Family Diary

For this part of the booklet, you will need to observe someone in your family for 2 weeks! Since your

quarantining together, this is the best time to record their development.

Family member: <u>Brother</u>	How old: <u>7 years</u>	
<u>Days</u>	<u>Activities</u>	<u>Which development does this promote and why?</u>
Day 1	Cycling	This promotes the physical development because.....
Day 2		
Day 3		
Day 4		
Day 4		
Day 6		

### Activity 4: Unit 7: Principles of Safe Practice in Health and Social Care

When working in health and social care settings, you must have a clear understanding of the duty of care and safe working practices and procedures, and how to promote the safety and wellbeing of service users.

You will examine the types of abuse and neglect that service users can experience and learn how to recognise and respond to concerns about abuse and neglect in health and social care settings

Watch the six clips on duty of care and make notes.

<https://www.youtube.com/watch?v=sdjAExQkggo&list=PLGgXSC01E2q3VC-kpmZTo-aDHmnkVY5hX>

### Questions

- What is duty of care? Explain all
- List all the aspects of duty of care
- Why is duty of care important in a health and social care setting?
- What are the procedures if duty of care fails?

**Imagine** the person you care for wants to make a pot of tea and pour it into some cups. You are worried they may spill boiling water and scald themselves. **Tick (ü)** what would you do

- : `` 1. Say, "Let me do that!" and make the tea yourself.
- `` 2. Say, "Let me know if I can help" and let the person do it themselves
- . `` 3. Say, "Let's do this together" and make sure the person doesn't hurt themselves

Why did you choose this answer?

---

---

---

Care workers always try to ensure that the people they support receive the best possible standards of care. However, sometimes there can be conflict and dilemmas between the organisation's policies, care workers' codes of practice and the wishes of the person. These dilemmas need to be dealt with sensitively and professionally.

Read these dilemmas. Then explain:

- the action you would take in response to each dilemma
- how the risks could be appropriately managed to help resolve the conflict.

**Dilemma 1**

One of the people you support has refused to take the medication prescribed by the doctor.

---

---

**Dilemma 2**

There is a 'no smoking' policy in the residential care home, but one of the people you support insists on smoking in their room.

---

---

**Dilemma 3**

A resident with dementia asks to go for a walk in town, but their request is refused because there are no staff available to accompany them.

---

---

**Dilemma 4**

A resident has asked for a soft-boiled egg, but has been told they cannot have one because of the risk of salmonella. The resident has become upset and informed their son, who is now threatening to make a formal complaint.

---

Read the scenario's below and answer the questions.

Scenario	Carer's actions that promote their duty of care	How the person has been safeguarded or protected
Amisha supports Jose to undertake mobility activities. Amisha ensures the environment is free from hazards, that equipment is clean and safe, and that Jose's clothing and footwear are appropriate.		
Colleen works for a domiciliary care agency. She is visiting Hazel, who has infected leg ulcers. Before starting work, Colleen washes her hands and puts on an apron and gloves. After she has assisted Hazel, Colleen removes her apron and gloves. Once these have been disposed of, she washes her hands and applies an alcohol-based hand rub,		
Ralph is working in a residential care home when the fire alarm sounds. He helps residents to exit the building and checks to ensure all the residents are accounted for.		
Dorothy, who has dementia, enjoys going for walks. Daisy walks with her to the local park and talks to her about how the park has changed over the years. Daisy is aware of how much Dorothy likes her walks and always ensures she is supported.		
Mabel likes living in Badgers Care Home, but she likes to buy her own food. Jason takes Mabel shopping once a week to buy her food. Jason ensures Mabel's money is accounted for down to the last penny.		

You are the manager of Skylines Care Home. You are planning a training session on Duty of Care for some new employees who have just started



Construct a mind map that will be included in the training pack giving guidance for care workers on duty of care dilemmas (what you should do if you have to deal with a dilemma).

**Training Pack**  
**Duty of Care**

Watch the Panorama documentary  
Undercover Hospital Abuse Scandal:

[https://www.youtube.com/watch?v=GKyAA\\_I6JMA](https://www.youtube.com/watch?v=GKyAA_I6JMA)

### Questions

- What was happening in this documentary?
- Was duty of care broken? If so how?
- What strategies are used to prevent this?
- Why is duty of care so important in this documentary?
- Adopt a role as a Nurse, what will you do to ensure duty of care is taking place.

### Useful books and links

1. BTEC Health and Social Care books



2. The Shift by Theresa Brown
3. No one cares about crazy people by Ron Powers
4. The next pandemic by Ali S Khan