



Ms Quinton's Weekly Message

Good afternoon! We have been thinking a lot this week in assemblies and tutor time about our values as a school. We actively nurture values and character traits such as kindness, compassion, resilience, courage, service, gratitude and integrity in our pupils. One highlight this week was appointing our new Head Boy and Head Girl - Noah and Chloe, along with their deputies Isaac, Mia, Asa, Keisha and Kieron, who have consistently modelled many of these character qualities and values over the past four years.

They have been chosen to represent our school and lead their fellow students. They have expressed a strong desire to serve the school community and I am confident that they will set a positive example, look after the younger years, listen to students' ideas and help make our school an even better place. I am very proud of each of them; I wish them every success in their new roles and I look forward to seeing all that they achieve during the year ahead as they seek to be a force for good in the school and wider community. Have a lovely weekend.



Ms. Quinton

Friends of Hurlingham (PTA)

After the successful launch of the Friends of Hurlingham last year we are recruiting for new members to help us to grow even further this year! This is a great opportunity for parents, carers and family members to get more involved with the school, support with fundraising and organising events, as well as connect with other parents and build a wider community network.

There are so many ways you can get involved and support:

- **You like doing more than talking?** Volunteer to help on the day of events.
- **Ready to share your skills?** Join us and offer a helping hand.
- **PTA is your passion?** Stand for one of the committee positions!
- **Have a new idea you want to share?** Join us and take the lead to bring it to life.



- **Love to help but time is scarce?** Donate at any point via the Amazon wish list or contact us for other ways to support.

Our first meeting of the year will be held in person on the 24th September from 5.30pm. If you have any questions, please email emowbray@thehurlinghamacademy.org.uk.

Amazon Wish List

Dear Parents and Carers,

We're excited to share our school Amazon Wish List, created to help provide extra resources and opportunities for our students. Every item donated big or small makes a real difference to classroom learning, enrichment activities, and student wellbeing.



If you find something you would like to purchase from our Amazon Wish List, just add it to your basket and follow the same procedures as if you were ordering something for yourself. The items will then be delivered directly to the school. Please make sure you select the school address in the delivery section.

Thank you,

The Friends of Hurlingham (PTA)

[Amazon.co.uk](https://www.amazon.co.uk)

Description	Date	Time
Whole school assembly	Monday 14th September	8:30-9:00
Year 7 Prep	Monday 14th – Thursday 17th September	15:30 - 16:30
Year 7 School Photos Y7	Thursday 17th September	During school hours
Year 7 House sorting assembly	Wednesday 23rd September	8:30-9:15
Friends of Hurlingham meeting	Thursday 24th September	17:30-18:30
Open evening	Tuesday 29th September	16:30-19:30



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Year 11 Maths Clinics 2026-27

Y11MATHS



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Confidence
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For Year 11 students at non-MEF schools

Separate monthly classes for each level, with expert teaching, worked examples and exam technique.

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Delivered by experienced teachers and examiners.



Worked examples & exam technique

Learn how to tackle challenging questions with confidence.



Student Q&A opportunities

Get your questions answered in real time.



Monthly accountability

Stay on track and build confidence throughout the year.

CLINIC DATES 2026-27

NOV	DEC	JAN	FEB	MAR	APR	MAY
7	5	9	6	6	10	1

LIVE ONLINE CLASSES

- 1-hour sessions
- One Saturday morning every month
- 9:30am starts

COST TO FAMILIES

£3.60

BOOKING FEE
PER REGISTRATION

- ✓ Secures your child's place for the full year
- ✓ No hidden extras
- ✓ Confirms attendance



Parent / carer registration required

Year 11 students cannot self-register.

SPACES ARE LIMITED

Register today

Registration deadline: 16 October 2026



1. SCAN & REGISTER

2. SECURE YOUR PLACE

3. JOIN ONLINE

Or visit: <https://capitaltuitiongroup.com/mathsclinics>

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2026/27 Training & Development Offer

Our offer

A programme of FREE training and development opportunities for all H&F parents and carers.

Hammersmith and Fulham Virtual School have developed a programme of webinars across the 2026/27 academic year to support parents and carers to fully understand the needs of their most vulnerable children.



For booking details, please see the last page of this booklet.

All sessions are delivered by external experts and fully funded by the Virtual School. Places can be booked using the Microsoft Forms link. Webinars are delivered over Zoom or Teams.



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2026/27 Training & Development Offer Overview

Autumn Term	Spring Term
Supporting Our Children to Attend School Thursday 24th September 10-12pm Amelia Brunt	SEND support and school expectations Della Freedman Tuesday 19th January, 10-11.30am
Safe Use of Social Media Awareness Workshop - Thursday 15th October, 10-12pm Vanessa Rogers	Emotional Based School Non-Attendance (EBSNA) - H&F Educational Psychology Service Tuesday 2nd February, 10-11.30am
Understanding and supporting young people's Mental health & Wellbeing Mike Armiger Tuesday 17th November, 10-12pm	Identifying Healthy Relationships – What This Looks Like and Signs for Concern Karen May Tuesday 23rd February, 10-12pm
	Understanding and Supporting Vicarious Trauma H&F Educational Psychology Service Tuesday 9th March, 9-10.30am
	Emotion Coaching H&F Educational Psychology Service Tuesday 20th April, 10-11.30am
	Understanding Shame: A Workshop for Parents and Carers Charlie Rigby from The Violence Intervention Project Wednesday May 12th, 10-12pm



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2026/27 Training & Development Offer

Supporting Our Children to Attend School

Thursday 24th September
10-12pm

Amelia Brunt

Supporting the children and young people in our care to attend school is an ongoing journey that often requires creative thinking and endless problem solving.

In this session we will look at ways to 'keep calm and carry on' when school non-attendance starts to become a feature of our morning routines.

- The modern education system – not like in our day!
- Modern childhood – also not like in our day!
- Keeping lines of communication open
- The triad relationship
- Is it disengagement? EBNSA? Or something else?
- Recognising neurodiversity as a key risk factor
- Predictable routines and outcomes
- Working with rather than against the neurobiology
- Supporting regulation and interoceptive skills
- Working with suspensions and exclusions if they feature
- Looking after you – keeping your wellness well replenished

Amelia Brunt is mum of three, an Attachment Lead Teacher and Trauma Informed Clinical Supervisor supporting people across all sectors who work with stress and distress in human relationships. Amelia was a classroom teacher and SENCo for 12 years, and a Senior Leader at a Virtual School for 14 years. Amelia is still in her own school one day a week, a large two form entry primary set in an area of high multiple deprivation. She also works across the country delivering training and keynote speaking particularly around complex developmental trauma, mental health and wellbeing and burnout prevention for both adults and children.



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2026/27 Training & Development Offer

Please book here:

<https://forms.office.com/e/vnaYeqs51>

For any queries please contact Della Freedman
della.freedman@bhf.gov.uk



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REBUILDING FAMILY LIVES



A safe, supportive group for women who are mothers who have been affected by domestic abuse

- ♥ A space to reflect, connect, and reclaim family life
- ♥ Understand the impact of abuse on yourself, your children, and family life
- ♥ Explore ways to support your children emotionally
- ♥ Share strategies for parenting after trauma
- ♥ Talk about navigating the family court system, and managing contact with ex-partners

RECLAIM YOUR VOICE. REBUILD YOUR FAMILY. RESTORE YOUR STRENGTH.



DATES

Our next 8-week course starts on

Thursday 1st October 2026,
at 10am - 12pm



WHERE

15, Gertrude Street,
SW10 0JN



ELIGIBILITY AND REFERRALS

- Women need to have left the abusive relationships, and be in a place of relative safety
- Commitment to all 8 sessions
- Referral required - initial consultation before joining will be offered
- Group closes to new people after Week 2

"DON'T HESITATE, JUST DO IT. IT'S A FREEING EXPERIENCE"



CONTACT TO REFER OR LEARN MORE

team@wlac.org.uk | 02073521155



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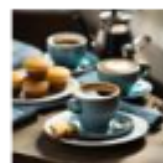
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SEND Coffee Morning



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JOIN US AT OUR SEND COFFEE MORNING



**FRIDAY 25TH
SEPTEMBER 2026
9.00- 10:30 AM**

A supportive place to grow, learn and connect together. The session will include:

- An introduction to the Learning Support Team
- Information about SEND provision and planned support for the upcoming term
- Opportunities to ask questions and discuss your child's needs
- Time to meet and network with other parents and carers
- Refreshments, including tea, coffee and biscuits

PLEASE CONFIRM YOUR ATTENDANCE USING THE LINK BELOW
[HTTPS://FORMS.CLOUD.MICROSOFT/E/B6X4NX7LC0](https://forms.cloud.microsoft/e/B6X4NX7LC0)



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