



## Mr Wilson's Weekly Message



It has been another busy week at The Hurlingham Academy. As you know, I love December and the spirit of Christmas, but I also believe that good (or in our case, outstanding) schools don't wind down. As I walked around the school this week, I saw pupils working hard in every classroom. It has also been lovely to see Key Stage 4 pupils starting to receive feedback from their mock papers, and even better to see how positively they are responding. Lessons will maintain their usual rigour right until the end of term.

On Thursday, we had our annual Christmas lunch, where all pupils and staff sit together to enjoy a festive meal with all the trimmings. I absolutely love our Christmas lunch, as it is a wonderful moment for the school to eat and spend time together as a community, reflecting on the considerable successes of the autumn term. I would like to extend my thanks to the kitchen, site, and admin staff, who all pulled together to make it possible.

We have also seen pupils being incredibly generous over the past week, with donations for the Christmas hampers starting to come in. I would love to see the hampers spilling over by the time we take them to the food bank next week, so please do bring in any final items on Monday.

## Year 10 Prept Workshop

This week, our Year 10 Hospitality and Catering students enjoyed a fantastic workshop with a professional chef. They learned how to prepare classic sauces such as marinara and béchamel, along with two types of emulsions.

Students were encouraged to experiment with flavour combinations and try new ingredients, including anchovies and capers. Their enthusiasm and willingness to explore new tastes made the session a real success!

This hands-on experience was an excellent opportunity to develop key culinary skills that will be essential as they prepare for their practical exam in Year 11.



## Save the date– winter concert

Exciting news! Tickets for our annual Winter Concert on Wednesday 17th December are now available to purchase via ParentPay. Please log in to ParentPay for full details. We look forward to welcoming you next week as we celebrate our talented musicians and the festive season.



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## Mr Wilson's Commendations

Congratulations this week go to the following pupils, who made it to the top of our Seneca and Sparx leaderboards.

Top pupils for Seneca are:

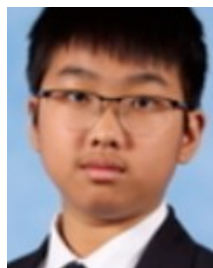
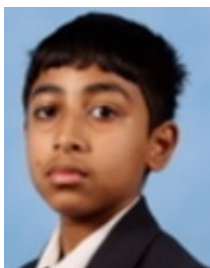
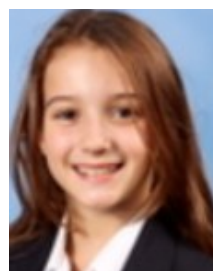
Year 7: Ramone

Year 8: Antea

Year 9: Larushan

Year 10: Yong- Zheng

Year 11: Zainab



Top pupils for sparx maths are:

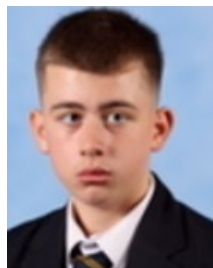
Year 7: Owen

Year 8: Lulyana

Year 9: Faith

Year 10: Findlay

Year 11: Hamida

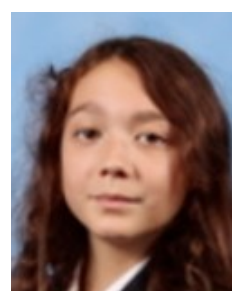
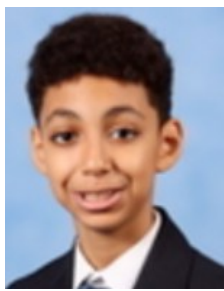
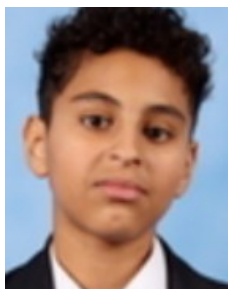


Top pupils for Sparx reader are:

Year 7: Cyrus and Dylan

Year 8: Haytham and Youness

Year 9: Shaheeda and Satine



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## Friends of Hurlingham Bake Sale

On Thursday, we held our first Friends of Hurlingham Bake Sale to raise funds in support of the Jamaican Red Cross. We received a phenomenal number of donations, and it was fantastic to see so many pupils and parents joining us in the afternoon—whether selling, buying, or simply enjoying the treats!

We look forward to many more successful events hosted by our Friends of Hurlingham. If you are interested in joining the committee, please look out for details of future meetings in our upcoming newsletters.



## Key dates for upcoming weeks

Description	Date	Time
Whole School Assembly	Monday 15th December	8:25-9:00
Academy Awards Night	Monday 15th December	17:00-18:30
Winter Concert	Wednesday 17th December	17:00-18:00
Golden Postcard Trip	Thursday 18th December	9:00-16:00
Last day of term– school finished at 1pm	Friday 19th December	8:25-13:05
Christmas holidays	Monday 22nd December- Friday 2nd January	
Inset day– no school for pupils	Monday 5th January	All day
First day of Spring term	Tuesday 6th January	8:25-15:30



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## Training and Development Opportunities

To book any of the below training sessions, please follow the link below:

[H&F Virtual School Training Programme for Parents & Carers 25-26](#)

For any queries please contact Della Freedman: [della.freedman@lbhf.gov.uk](mailto:della.freedman@lbhf.gov.uk)



# 2025/26 Training & Development Offer

## Our offer

A programme of FREE training and development opportunities for all H&F parents and carers.

Hammersmith and Fulham Virtual School have developed a programme of webinars across the 2025/26 academic year to support parents and carers to fully understand the needs of their most vulnerable children.



For booking details, please see the last page of this booklet.

All sessions are delivered by external experts and fully funded by the Virtual School. Places can be booked using the Microsoft Forms link. Webinars are delivered over Zoom or Teams.



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## 2025/26 Training & Development Offer

**Social, Emotional and Mental  
Health and Emotional Based School  
Avoidance**

**20th January 2026  
10-12pm**

**Dr Sarah Moseley**

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This interactive two-hour session explores Social, Emotional, and Mental Health (SEMH) needs and Emotionally Based School Avoidance (EBSA), providing educators and professionals with a deeper understanding of the underlying factors that impact engagement, behaviour, and well-being.

Participants will gain insights into recognising early signs, understanding the impact of anxiety, trauma, and neurodiversity, and implementing effective strategies to support learners.

The session will cover strategies and practical interventions, and ways to create emotionally safe and inclusive environments that foster resilience, build confidence, and support re-engagement with learning.

Through discussion, case studies, and practical tools, attendees will leave with a stronger understanding of how to respond to SEMH needs and EBSA in a way that promotes positive outcomes for all learners.



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## 2025/26 Training & Development Offer

### Supporting Young People's Mental Health

19<sup>th</sup> March 2026  
10-12pm

Mike Armiger

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Mike Armiger works in specialist education settings and mental health services. As a foster carer and growing up with parents who fostered, Mike will bring this unique perspective to the training to ensure it is useful for parents and carers.

The two hour session will focus on useful strategies, tips and practical support on how to navigate different areas of emotional distress. How to identify needs, support emerging emotional distress and how to ensure professional support is best targeted to meet our young people's needs.

Mike will bring an optimistic, hopeful but realistic tone to the session and ensure all delegates can leave with something practical and hopeful.

The session will cover:

- Anxiousness & anxiety
- Low mood & Depression
- Self harm & suicidal ideation
- Supporting appointments or therapy sessions



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