



Mr Wilson's Weekly Message



On Monday morning Dr Sanderson delivered an extremely powerful assembly on the Holocaust and the dangers of prejudice and discrimination. The assembly had such an importance message about inclusion and not only accepting, but embracing and supporting each other's differences. Since Monday I have been reflecting on our community here at The Hurlingham Academy and how proud I am of the way we all embrace each other. I

strongly believe that our role as educators goes so much further than simply delivering pupils the national curriculum. We are committed to helping our students understand their worth, and the importance of each and every one of them in society. No pupil should feel like they are less valued, or less important. Whether it be educating through PSHCE and lesson time or celebrating through the House events, we look forward to furthering our journey of diversity within the community. I truly believe that we must encourage our students to stand up for what they believe in, to stand up for what they think is right and callout discrimination in all its forms. I am so proud of the pupils here and I have no doubt that they will be leading the way in society not only now but in years to come.

Holocaust Survivor Talk

Following Holocaust Memorial Day last week, on Monday Year 10 historians had the privilege of welcoming Eva Clarke to our school. She shared her family's experience during WW2 and her own story as a holocaust survivor, born in a concentration camp.

Her testimony will remain a powerful reminder of the horrors so many experienced. We hope that by hearing Eva's testimony, it will encourage our students to learn from the lessons of the Holocaust and have the opportunity to learn where prejudice and racism can ultimately lead and take forward the lessons taught by those who survived.



Subject In The Spotlight



This week's subject in the spotlight is Religion and Philosophy, with Head of Department, Miss Ahmed.

This week in: Religion and Philosophy...

Year 7 have shown fantastic determination and hard work in completing their first ever mock exam at Hurlingham. This week they will be receiving their marks and getting feedback on how they have done. It's a really useful way to see their strengths and also identify rooms for improvements. One key focus is correcting a very common misconception about the story of The Fall. Adam and Eve are believed to have eaten the 'forbidden fruit', not an apple!

Year 8 will be studying their penultimate topic on Islamic practices on how Islam is practiced in Britain. They will explore the challenges that Muslims face such as islamophobia and fasting during the hot summer months.

Year 9 have started the GCSE studies, beginning with Christian beliefs. This week, there is a focus on Jesus and the important events in his life such as his crucifixion and resurrection. Here, students explore how Jesus can be seen as an ordinary man who felt pain, but also divine as he defeated death.

Year 10 have been studying Islamic practices this term. This week they will be studying 'salah', the second pillar of Islam, which means prayer in Arabic. Students will learn about what Muslims do before and during prayer and why this is important. This is quite a challenging topic because students need to learn lots of Arabic terminology, so KO homework is evermore important.

Year 11 are studying GCSE Issues of Human Rights, their final module in the GCSE specification. Here they explore key themes such as social justice, equality, prejudice, and discrimination. Students can assess historical events and reflect on what it means in their own societies and lives in the 21st century. For example, the Civil Rights Movement in the 1960s and the Black Lives Matter movement in 2020.

For further curriculum information, please go to www.thehurlinghamacademy.org.uk/curriculum/curriculum-maps



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Mr Wilson's Commendations

Congratulations this week go to the following pupils, who made it to the top of our maths, science and English leader boards:

Top of the leader board for Hegarty Maths this week are:

Year 7: Christina

Year 8: Seren

Year 9: Fatima

Year 10: Inaya

Year 11: Madison-Rae



Top of the leader board for Educake Science this week are:

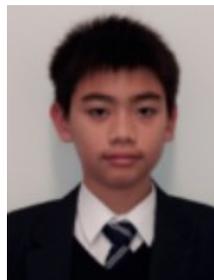
Year 7: Sofia

Year 8: Punnatron

Year 9: Taliyah

Year 10: Yll

Year 11: Mobina



Top of the leader board for Bedrock English this week are:

Year 7: Shay

Year 8: Abdullahi

Year 9: Asiya



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TIPS FOR PARENTS AND CARERS

Dear parents and carers,

7 - 13 February is Children's Mental Health Week. The week is run by the charity Place2Be, and focuses on the importance of promoting good mental health and wellbeing for children and young people.

WHAT'S IT ALL ABOUT?

Human beings change and grow – we do it all the time and in many different ways. Physical growth is easy to see as we grow from babies to children, teenagers to adults. But growing emotionally is also an important part of our development.

As parents or carers, you are an important role model for your child. Your child does not need you to be perfect - in fact seeing you make some mistakes can be really useful! What is important is that you are able to show them that you – and they – can continue to develop and grow even when things are hard. In fact, sometimes, this is when we learn and grow the most.

WHAT CAN YOU DO?

Here are a few simple ways you can support your child's emotional growth.

1. Talk about when your child was younger

Most children enjoy hearing their parents tell stories about when they were younger. Recall stories that highlight how your child has developed and changed over the years. For example, how you enjoyed teaching them to learn to ride a bike, or swim. Or how proud you were when they took part in a school assembly – even though they were nervous.

If you are an adoptive parent, foster or kinship carer, you will still have lots of memories to share from when you first came together as a family.

2. Notice when your child has developed and grown

You may have made marks on the walls to recognise how tall your child has grown over the years, or looked at old photos together. It is important to also recognise and praise emotional growth. This could be letting them know how proud you are when they have learnt to walk away rather than fight with a sibling, or how they have learnt to ask others to play when they used to be too shy to do so.



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3. Encourage your child to try new things

This could be new foods, a new activity or a new experience. Praise their willingness to 'give things a go' rather than whether they were 'good' at it. This will give them confidence to continue to develop and grow.

4. Listen to your child's hopes and dreams for the future

Encourage your child to see that everything they are doing right now is a tiny step towards who they might want to become in the future. For example, your child staying away from home for a night is a step towards them being able to leave home for study or work in the future. Your child helping another child is an important step towards them becoming a counsellor, a doctor, a nurse or a teacher etc.

5. Support your child to learn from tough situations

It can be really hard when your child is not getting on with friends or having a problem with a teacher, or is disappointed with how something has worked out. Acknowledge the difficult feelings, but help your child to see that these situations help us to grow and develop so that we are better able to cope with life's ups and downs.

Activities from Place2Be's Art Room

Support Balloon – have a go at this simple art activity with your children. Aimed at primary-age children, this activity from can help children think about who supports them to grow.

bit.ly/3m2R9ib

My Changing Shapes – try this activity designed for secondary-age children. This activity supports young people to look back at their past growth.

bit.ly/3nhiYTI

Looking for free practical advice to help you support your child?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting the emotional wellbeing and growth of primary-age children.

parentingsmart.org.uk

Let your child know that if they are worried about something, they should always talk to an adult they trust. It could be you, someone in your family, a teacher or someone else in their school.

If you're worried about your child's mental health you can talk to your GP or someone at your child's school.

You can also find a list of organisations that provide support and advice on our website: place2be.org.uk/help



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Jack Petchey

On Tuesday the Jack Petchey Foundation Achievement Awards took place in a virtual pre-recorded event. The winners include Alessandro (Y10), Christopher (Y9), Enis (Y8), Juan (Y8), Julia (Y11), Jordan (Y9), and Niamh (Y10). We at the Hurlingham Academy feel that these students have impressed us, the school community, by going over and above, consistently giving their best effort in or out of class.

Despite lockdown restrictions, the Jack Petchey Achievement Awards organisers have continued the initiative to ensure we recognise, promote and in turn give the award winners the confidence to continue on their path to success

Art Club visit to The Bomb Factory Art Gallery

Each Monday, all of Year 7 participate in enrichment clubs. This week those pupils who attend art club had the chance to take part in a workshop with cartoonist Barry Reigate at The Bomb Factory Art Gallery. It was a fantastic opportunity and pupils loved exploring new materials. We would like to say a massive thank you to Ms Sullivan and Ms Pitcher for giving up their time after school to take them.



Key dates for week beginning February 7th - Week 2

Description	Date	Time
Whole School Assembly	Monday 7 th February	08:25 - 09:00
Parent Forum	Monday 7 th February	18:00 - 19:00
PSHCE Drop Down Day	Tuesday 8 th February	08:25 - 15:30
Year 9 Parents Evening - virtual	Wednesday 9 th February	16:00 - 19:00



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