

The Hare - The school newspaper at The Hurlingham Academy - written for students and written by students. Contributions welcome to Ms Burton.



Writers needed! What are your passions? Sport? Music? The environment? Use The Hare to share your voice.



Charities week is coming up. How can you make a difference? Speak to your head of house with ideas.

# 2022

Always wanted to know what those days in your planner actually mean? Find our feature inside.

# THE HARE



This term's main features are about International Women's Day and Hurlingham Academy Sport. We also feature house competitions and The Hare's top book recommendations of the term.



## BREAK THE BIAS

March 8th marks International Women's Day, which is a day to celebrate the cultural, political and social achievements of women all around the world.

This year, the theme of International Women's Day is Break The Bias. There's often a stigma surrounding women's issues; that things aren't really as bad as they seem and they're just exaggerated. But this actually isn't true. Many women are still treated unfairly, and not given the credit they deserve.

The thing is though, we hear things like this all the time and distance ourselves from it because we think that these things only happened in the past. When we hear about them happening now, we think it's in poorer and less developed countries.

That's not true.

Women in the UK get assaulted and abused today.

Women in the US get paid less than men for the same jobs today.

Women all over the world are suffering simply because they are female, which is why this year we need to Break the Bias and bring it closer to home.

This International Women's Day, let's celebrate our mums, aunties, sisters, nans and other important women in our lives who have worked hard to provide for us, and be our role models.

Ask them about their experiences of sexism, and appreciate the people they've become today in spite of that. You don't have to change the world to be recognised as a great woman.

Happy International Women's Day!

#BreakTheBias

By Anastasia Odusanwo—Year 11

# HITTING THE GROUND RUNNING



Sports at The Hurlingham Academy have been going wonderfully over the past term, and we're excited to see where it goes next! What a strong start to the season.

It has been amazing to finally get back to fixtures and attending after school events. The highlights include the U13 girls football team reaching the South-west regional finals on January 14th 2022 and finished 3rd out of 7 teams on the day- 3rd out of 200 schools across several months.

The year 7 and 8 indoor athletics team represented THA at the Borough championships. Year 7 boys finished 5th out of 6, the year 7 girls finished 4th out of 6. The year 8 boys team finished 3rd out of 5 and the year 7 team finished 4th out of 8.



We had our first year 7/8 girls QPR league fixture on Tuesday 8th February at Westway versus Kensington Aldridge. We will be taking part in many U13 and U15 boys and girls football fixtures across the next few months, so please make your availability known to Mr Pudney (boys) and Mrs Mulcahey (girls).

Netball fixtures are also in the diary for this term for year 7/8 girls and we look forward to an U13 and U15s boys and girls Borough basketball tournament.

In PE lessons this term, KS3 have been taking part in games from around the world, where they will have had the opportunity to try the more untraditional sports. KS3 also experienced some theory-based lessons, highlighting the importance of nutrition, sleep and physical and mental well-being.



Please check out the @PEandSportTHA Twitter feed for updates.

All we can say that it's been fantastic, and we're sure that the events to come will be even better. And please, if you are interested and available, we have many more extra-curricular, after-school activities that you can take part in, like the Y9 and 10 Girls Netball on Thursdays, Y7 basketball on Mondays, and many more activities! The table below will provide more information:

**By Zaid Barakat—Year 10**

<b>Extra-Curricular Sport Timetable TERM 2</b>					
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Before school 7:15-8am</b>					Fitness Open to All
<b>Lunchtime 13:05-13:45</b>	Year 7 Basketball, Year 11 Fitness, Year 8 Football	Year 8 Basketball, Year 9 Football, House Rowing	Year 9 Basketball, Year 7 Football, Year 10 Fitness and Rowing	Year 10/11 Basketball, Year 9 Fitness, Year 8 Football	Year 8 Fitness/ Rowing, Net Games for all
<b>After school 15:30-16:30</b>	Year 7 & 8 Netball, Year 7 Enrichment, including Fencing and Gymnastics	Year 7-10 Girls Football with QPR, Volleyball for all, Year 7 Rowing Year 11 Fitness	Street Surfing for all, Years 7-10 Girls Football with CFC	Year 9 & 10 Boys Football, Year 9 and 10 Girls Netball, Squash Year 7 Invitation only	Dance for all Tennis for KS3 Invitation only





## Proud to be from...Colombia!

**Population:** 50 million

**Formation:** Modern day Colombia is not the same as it has always been. Indigenous tribes have lived on the land since 10,000 BCE, farming and building settlements. The colonisation of the area in the 1500s led to the land being divided up by European travellers. For nearly 300 years the country was known as New Granada until their battle of independence in 1810.

**Languages:** Spanish

**GDP/capita:** \$6,432 USD

**HDI:** 0.767 - 83rd out of 189.

**Religion:** The majority follow Christianity, predominantly Roman Catholic.

**Number of Colombians in the UK:** 25,016



**Daniel Pardo-Buitrago—Year 10**

Colombia is a very happy country. It is a country that will help you at every moment. If you want something, the country will always help. I think at Hurlingham the students need to be more helpful towards each other and also be happy. England is a wonderful country but its people need more happiness like the Colombians!



**Lexi Sepulveda-Tucker—Year 8**

My favourite thing about Colombia is the people there. They are really nice and really fun. Also, the celebration of girls' 15th birthday, their Quinceanera is really good.

**Juan David Montana Garcia - Year 8**

My favourite thing about Colombia is the weather. My favourite food from Colombia is empanadas. They are so amazing and are made from meat and potato.

# BURNS POETRY COMPETITION



This term, one of our house competitions included writing a poem that was dedicated to pupils' countries or cultures. The winning poem below is by Nicoleta in year 7. A truly moving piece about the country of Moldova. Fantastic work and congratulations to Nicoleta and Aequitas!

## MOLDOVA IS A VICTIM

The leaf is flying again  
 My holy plague  
 The leaf is falling  
 On fair ground  
 Battles and wars  
 Our whole life  
 Independence awaits us  
 But politics is attacking us  
 The corrupt parliament is stealing,  
 Stealing again  
 In the pockets they put  
 But the world is gathering  
 The money is gone  
 Corruption in the face  
 The world is still waiting and waiting  
 Save everyone's fate  
 But who knows, God  
 Nobody helps them  
 Everyone in their pocket always look in  
 Honest man is not in this town hall  
 Only imprisoned thieves are in power  
 People are still waiting for who, who  
 He will come once to remind  
 What a great soul, and rich earth  
 We have value  
 And that money spoils people  
 And change their colours.

**By Nicoleta Rotari—Year 7**

## MOLDOVA E O VICTIMĂ

Frunza iara zboara  
 Plaiul meu cel sfânt  
 Frunza iata cade  
 Pe pământ cinstit  
 Bătăi si războaie  
 Toată viața noastră  
 Independența ne așteaptă  
 Dar politica neataca  
 Parlamentul corupt fura,iară fura  
 In buzunare pun  
 Dar lumea se aduna  
 Banii nu mai sunt  
 Corupției în fața  
 Lumea tot așteaptă si așteaptă  
 Sai salveze soarta toți asa doresc  
 Dar cine stie doamne  
 Nimeni nu-i ajuta  
 Toti la buzunarul lora mereu sa uita  
 Om cinstit nu este in asta primărie  
 Doar hoti închiși sunt in guvernare  
 Lumea tot așteaptă poate cine ,care  
 O sa vie odata sa reamintească  
 Ce suflet mare,si pământ bogat  
 Avem noi in valoare  
 Si ca banii strica oamenii  
 Si le schimba culorile.





# UNDERSTANDING YOUR CALENDAR

## 15th February Nirvana Day—Buddhism

An annual Buddhist festival commemorating the death of Buddha when he reached Nirvana at the age of 80.

### How they celebrate

Buddhists may celebrate Nirvana Day by meditating or by going to Buddhist temples or monasteries.

In monasteries, Nirvana Day is treated as a social occasion. Food is prepared and some people bring presents such as money, household goods or clothes.



## 19th February—World Pangolin Day

World Pangolin Day is observed annually on the third Saturday in February and takes place on February 19 this year. The day aims to celebrate pangolins, raise awareness and recommit international N.G.O.s to the fight against the global capturing of pangolins in Africa and Asia.

### How they are unfairly treated

An estimated one million of these wonderful animals have been, and continue to be, harvested from the wild in African and Asian countries to meet the high demands for their scale, skin, blood, and even foetuses that are believed to have several different uses both in fashion, traditional medicine, and cooking.



## 27th February—International Polar Bear Day

International Polar Bear Day is an annual event celebrated every February 27, to coincide with the time period when polar bear moms and cubs are sleeping in their dens, and to raise awareness about the conservation status of the polar bear.

International Polar Bear Day is organized by Polar Bears International to raise awareness about the impact of global warming and reduced sea ice on polar bear populations. The day encourages people to find ways to reduce their carbon output, such as by turning down their thermostat or driving less. The day has also been used to encourage the installation of energy efficient insulation in houses.

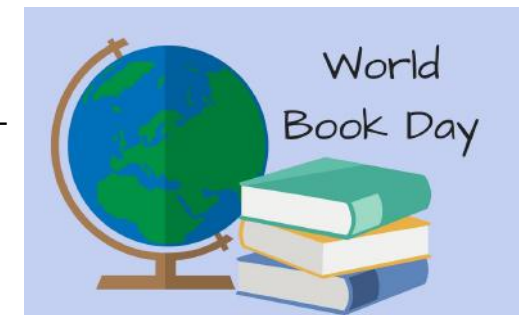


## 3rd March—World Book Day

World Book Day is a charity event held annually in the United Kingdom and Ireland on the first Thursday in March. On World Book Day, every child in full-time education in the UK is given a voucher to be spent on books; the event was first celebrated in the United Kingdom in 1995.

### How to celebrate

Some schools in England dress up as a character from their favourite book.



## 17th-18th March—Holi

Holi is a Hindu spring festival in India and Nepal, also known as the festival of colours or the festival of sharing love. Holi is a two-day festival which starts on the Purnima (Full Moon day) falling in the Bikram Sambat Hindu Calendar month of Falgun, which falls somewhere between the end of February and the middle of March in the Gregorian calendar.

### How it is celebrated?

The second day of Holi is the main celebration. Traditionally, in states such as Rajasthan, water would have been scented and dyed with flower petals, but these days, commercially-prepared colours are used. Early risers will line up colours and arrange snacks on platters, while children fill 'pichkaris' (water pistols) ready for action.



## 3rd March—World Wildlife day

World Wildlife Day is celebrated annually on the 3rd of March in support of animals and plants across the world. The event was proposed by Thailand and was proclaimed by the United Nations General Assembly during its 68th meeting.

### What it is about

To raise awareness of endangered species and what we all can do, the UN is celebrating *World Wildlife Day* on March 3, marking the day the group signed the Convention on International Trade in Endangered Species of Wild Fauna and Flora.



## 1st April—April Fool's Day

April Fool's Day is celebrated on 1 April in many countries around the world. On this day, people traditionally play practical jokes on each other and have fun trying to make other people believe things that are not true. In the UK, jokes and tricks can be played up until noon on 1 April.



## 20th March—International Day of Happiness

The International Day of Happiness is celebrated throughout the world on 20 March. It was established by the United Nations General Assembly on 28 June 2012. The International Day of Happiness aims to make people around the world realize the importance of happiness within their lives. In 2015, the United Nations launched 17 Sustainable Development Goals to make people's lives happier.



## 21st March—World Poetry Day

World Poetry Day is celebrated on 21 March, and was declared by UNESCO (the United Nations Educational, Scientific and Cultural Organization) in 1999, "with the aim of supporting linguistic diversity through poetic expression and increasing the opportunity for endangered languages to be heard".



By Eva Carolle-Panesar and Sofia Prado-Gaviria

# THE HARE

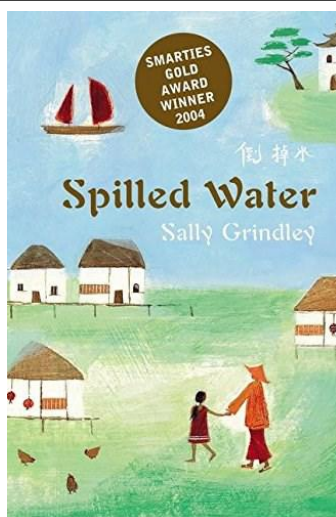
## Spilled Water Sally Grindley

### What is it about?

It is about an eleven years old Chinese girl that is sold in the market by her uncle after her father's death. She then goes to work underage in a factory without being paid, but she is then rescued by her uncle, who wants to say sorry.

**Genre:** Drama

**Recommended by:** Ms Pitcher



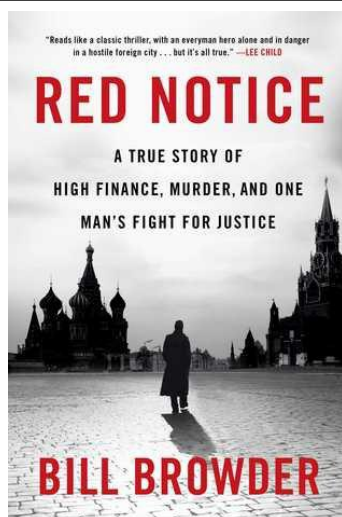
## Red Notice Bill Browder

### What is it about?

It is about Bill wanting to get justice for the death of his young lawyer who was beaten to death and tortured after he had testified against the officials involved in a crime.

**Genre:** Biography; true crime

**Recommended by:** Mr Ives



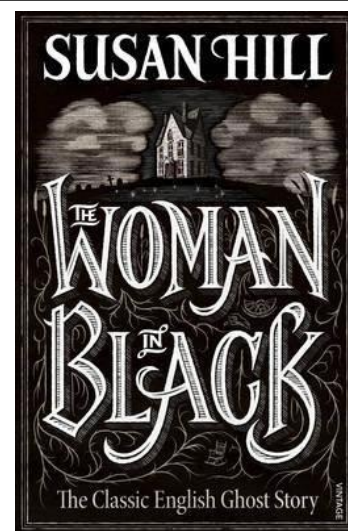
## The Woman in Black Susan Hill

### What is it about?

A young man gets summoned to clear out the house of a woman who has recently died. Little does he know that he is being drawn towards a house that is cursed. He must discover whether he can break the curse and uncover the true identity of the woman in black.

**Genre:** Horror and thriller

**Recommended by:** Ms Burton



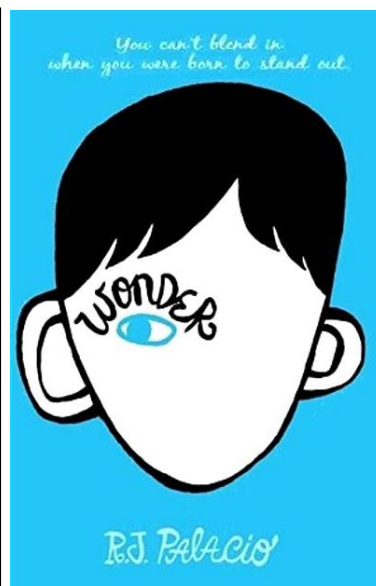
## Wonder R. J. Palacio

### What is it about?

It is about a ten-year-old boy who lives with his parents and sister in New York. August, or Auggie, is an ordinary boy in many ways. He rides a bike and likes playing with his Xbox. But Auggie has deformities of the face and looks very different from other children. At the start of the book, he tells us 'My name is August. I won't describe what I look like. Whatever you're thinking, it's probably worse.' In the street, people look at Auggie and his appearance shocks them. His mum then decides that he should go to school, but Auggie is a bit scared about the other children. Soon Auggie is convinced and goes to school. At the end of the year, Auggie goes on a school trip and a frightening event there changes things completely.

**Genre:** Drama.

**Recommended by:** Jonas Agyei



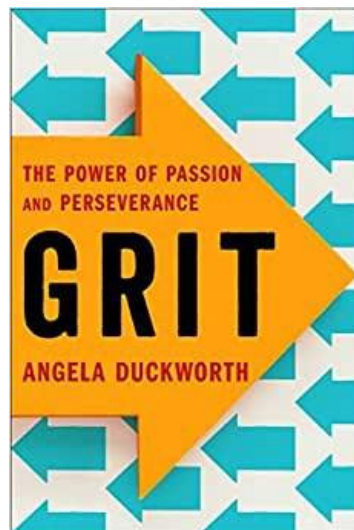
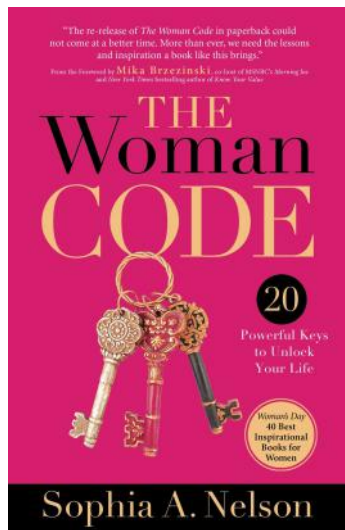


# RECOMMENDS

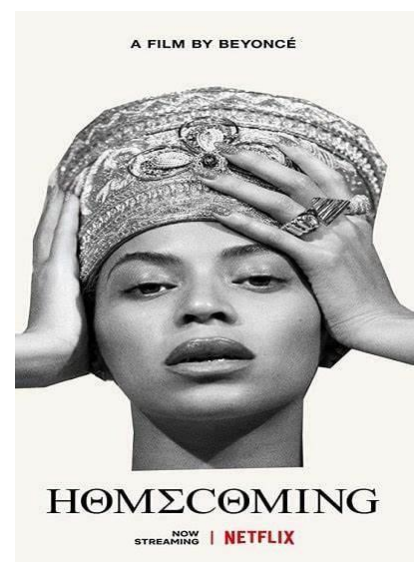
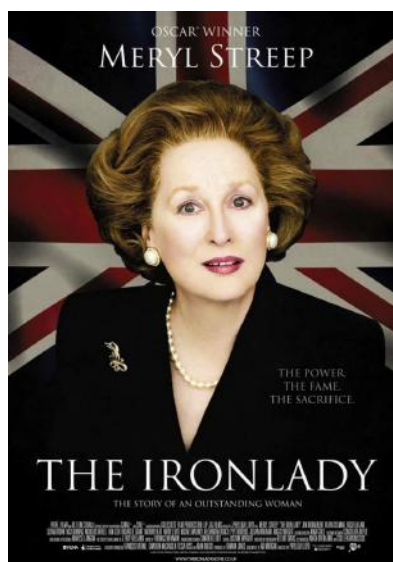
## BOOK RECOMMENDATIONS FOR INTERNATIONAL WOMEN'S DAY

Grit: The Power Of Passion and Perseverance by Angela Duckworth

The Woman Code by Sofia A. Nelson



## MOVIE RECOMMENDATIONS FOR INTERNATIONAL WOMAN'S DAY





## ***Meet the teacher...***

### ***Ms Capes***



**Profession:** I am part of the LSA ( learning support assistant) team where I can help students to maintain a healthy life, both in and out of school.

I joined The Hurlingham Academy in September 2021 and I am keen to interact with students.

**Surprising facts:** I love art and am a part time illustrator and designer, whilst also running a creative business.

**Describe an ideal day:** An ideal day for me would start with a brunch, because a good day always starts with good food. Then a walk with a coffee after which I'll go for lunch with friends. The afternoon would be spent in exhibitions and relaxing. Then in the evening, I would play games followed by a lovely home cooked meal.

**Advice for students:** I'd say to students to always believe in themselves and to be open to opportunities. It's also very important to be resilient and thoughtful when life is hard. It's important to remember that we are all human, so we need to work hard and always try being positive because it does help a lot.

**By Arya Dinesh Shetty —Year 11**

# ARTWORKS OF THE TERM



**Coordinated by Ryan Hill-Scott**



# WORDSEARCH

Email a photo of your completed word search to Mr Pudney by 21st February to win house points.  
House:.....

T	E	A	C	H	E	R	S	V	X	A	M	R	W	I	L	S	O	N	M
T	O	G	E	T	H	E	R	W	Y	A	E	R	W	Y	A	E	U	U	R
O	N	H	U	G	F	T	G	C	A	V	E	R	I	T	A	S	D	F	W
S	F	T	R	U	I	T	A	S	D	F	T	R	Q	S	T	R	E	Z	I
S	D	E	R	T	Y	U	O	I	O	P	E	V	G	F	R	R	T	R	T
E	P	M	A	E	N	B	V	C	X	W	A	W	X	S	Q	Z	U	D	S
V	S	D	E	G	H	T	Y	J	U	Z	M	X	C	D	E	L	R	T	O
E	O	U	Y	T	R	E	Z	A	N	S	W	Z	S	Z	E	S	X	W	N
R	Z	A	Q	S	D	D	F	G	I	D	O	E	F	S	D	G	G	F	P
Y	E	Z	A	A	A	Z	A	Z	Q	T	R	H	C	G	F	D	S	X	I
D	C	F	V	E	R	F	R	X	U	C	K	F	A	A	Z	P	M	L	S
A	I	C	U	Y	Q	T	Z	E	E	S	D	F	R	F	Y	J	K	O	A
Y	D	F	L	G	G	U	A	Z	E	R	E	R	I	F	G	H	Y	J	R
W	S	X	S	A	C	V	I	C	R	Z	E	A	T	D	C	V	G	G	A
W	X	C	F	W	S	V	C	T	F	V	C	V	A	F	G	V	H	B	E
M	A	A	O	B	S	S	X	N	A	M	P	O	S	C	H	M	O	L	F
S	V	N	S	U	R	R	E	N	M	S	N	W	I	L	L	L	S	O	G
S	R	A	M	T	N	K	A	S	M	S	Y	N	H	A	R	S	C	O	H
T	I	K	S	O	M	S	M	E	R	A	M	R	C	K	A	T	T	R	J
A	N	T	I	B	U	L	L	Y	I	N	G	N	N	H	L	M	S	N	K

UNITAS  
VERITAS  
CARITAS  
AEQUITAS  
ANTIBULLYING  
UNIQUE

TEAMWORK  
CLASSES  
RULES  
TOGETHER  
MR WILSON  
TEACHERS



Created by Sarah  
Herault—Year 7

The Hare is written and compiled by Anastasia Odusanwo and Arya Dinesh Shetty. Photos are taken by Marcus Cheung.

